



# NAYLAND WITH WISSINGTON COMMUNITY TIMES

YOUR LOCAL MAGAZINE FOR NEWS AND VIEWS

Editor: Lorraine Brooks

Advert Manager: Anna Boon



## The children stole the show at Hortsoc's annual event

*Pages 19-22*

Summer 2004 has seen a number of very successful events held in Nayland, most recently the Annual Flower Show. Occasions such as this unite our community, bringing much enjoyment to many members of our village and those from further afield. This is, of course, only possible through the camaraderie and dedication of the many people involved in staging these events.

Sadly the usual tranquility of village life was disrupted recently when armed raiders burst into the Post Office. Amid the shock and terror imposed, when the robbers knocked customers aside and threatened the postmistress at gunpoint, community spirit prevailed. However, in its wake questions have been asked regarding the need to increase security measures for our much valued Post Office.

A Post Office Limited spokesman could only offer the following statement, "We can confirm that a robbery took place at 9:30am on August 24<sup>th</sup> at the Nayland Post Office involving three armed men. Thankfully no-one was seriously hurt but this was clearly an extremely distressing incident for those involved. We would urge anyone with information to contact police immediately. Post Office security is reviewed on an ongoing basis but we cannot comment on specific security issues for obvious reasons".

Suffolk Police considered, in view of the serious nature of this crime, that a representative should attend the Parish Council meeting. Police Sergeant Trevor Sharman gave a detailed update of their ongoing investigation to the Council. Although they have gathered some important evidence they still require witnesses to come forward with information. They are particularly interested in the getaway vehicle, a stolen red Ford Sierra which was found on Polstead Hill, or any information or sightings of a white Transit-type van that may also be linked to the robbery.

With regard improvements to security at the Post Office, the police believe Royal Mail are in discussion with Nayland Post Office on this matter.

Anyone with any information, however small, about the robbery should contact:

**DC John Peddely on 01473 613 500**

**or Crimestoppers on 0800 555 111**

**OCTOBER 2004**

**No: 91**

### **SPECIAL INTEREST**

**Nayland Post Office Raid**

**Nayland Flower Show**

**Bonfire & Fireworks**

**Christmas Bazaar**

**Village Players' Three Musketeers**

### **THIS ISSUE**

**Community Council**

**Nayland Youth Club's Autumn Programme**

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**Harvest Auction**

**The History of the High Street Trough**

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### **PLUS**

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**Local Information**

**Contact Details**  
*(on back pages)*

**COMMUNITY WEBSITE: [www.naylandandwiston.net](http://www.naylandandwiston.net)**

# **NAYLAND WITH WISSINGTON PARISH COUNCIL**

**Meeting: 18th August, 2004**

## **BABERGH CAR PARKING CHARGES**

The question of introducing car parking charges in Sudbury, Hadleigh and Lavenham will be on next month's agenda, Nayland parish council decided at its August meeting.

A letter was received from Babergh Council's technical services department saying the overall response to the issue from parish councils had been low and meetings were being arranged in each town so they could discuss it.

District councillor Chris Hunt, who chairs Babergh's car parking working group and has previously voted in favour of charges, said the Sudbury meeting on September 15 was an opportunity for people to have their say.

Surveys on car park usage were turning up some interesting information.

Chairman Gerry Battye who opposed charges said there was no reason why the council should attend the meeting as its views could be presented after the next council meeting and members agreed. Mr Hunt said the working group was studying the management of car parking in Babergh district and information was being gathered from other districts as well as within Babergh itself.

## **TWIN BIN WASTE COLLECTION**

A letter from Babergh said a further public meeting on the twin bin waste collection scheme would be held at the Stevenson Centre, Great Cornard on September 14 at 7pm.

The parish council was annoyed Babergh had not bothered to acknowledge its survey in April which showed an overwhelming demand for black bins to be emptied weekly. Mr Battye said a lot of work had gone into the survey which had nearly 200 replies. It was decided to respond with a curt letter though vice-chairman Patricia Fuller felt the council should keep pushing for the weekly collection.

## **VILLAGE HALL**

It was agreed to involve the village hall management committee after receiving a request from a Newlands Lane resident asking to insert a garden gate through to the playing field.

During discussion on whether the committee should be holding fund-raising events to maintain the hall it was pointed out members had been involved with their own organisations at the recent street fayre. Things had moved on since the previous committee and country dances were now being held in aid of the hall. The next is on October 22 and Mr Hunt pointed out the community council was prepared to match part of the proceeds.

## **YOUTH HUT**

Prioritising high risk situations in the village identified last month, Bryan Smith said the youth hut used for canoe storage was in poor condition and it was decided to approach the scout leader to arrange a site meeting to discuss its future.

## **DONATION**

It was agreed to donate £60 to the Winged Fellowship which provides breaks for disabled people from Suffolk. The council is to use its £1,725 locality budget to provide safety surfacing on the recreation ground.

## **BEAR STREET**

Responding to a letter from Bear Street resident Adrian Amos about his garden being flooded in a recent storm because of vegetation blocking the culvert running alongside, it was agreed to contact the Environment Agency to see if the stream needed excavating and how it should be managed.

A request from Barbara Bungey for another seat in Bear Street was turned down as members felt the existing seat in Parkers Way was sufficient.

## **COMMUNITY POLICE**

Mr Battye said Nayland's community police officer PC Keith Warren was retiring and it was agreed to send him good wishes, at the same time inviting his temporary replacement to the next meeting.

## **PLANNING**

Reviewing the council's opinions on recent planning applications, Mr Battye said members had no objection to a plan for a two-storey rear extension and garage at Goody's Farm, Wiston, providing landscaping at the barns was completed first.

Members continued to oppose a plan for a new sports hall at Littlegarth School saying it was far too large and would dominate the view across the vale detracting from the main building.

The council supported an application by Nayland-with-Wissington Land Company to construct a pond and reed bed in the field between the River Stour and Horkesley Road as long as a flood risk assessment was done because of the proximity to properties.

Two councillors who belong to Nayland Conservation Society objected to being barred from this discussion and legal clarification will be sought.

The diocesan office supported a proposal to erect a 10mph speed limit sign on the driveway to Nayland House.

## **BIRCH STREET**

The council is to contact Suffolk highways department over two new telegraph poles in Birch Street. Members were concerned that one which narrows the pathway was a safety hazard and the other, a taller replacement pole on the other side of the road, was an eyesore.

## **BEST KEPT ALLOTMENT**

Winners of this year's best-kept allotment competition were: 1<sup>st</sup> Bernard May, 2<sup>nd</sup> Hazel Gardiner and 3<sup>rd</sup> Nicky Pitts.

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# NAYLAND WITH WISSINGTON PARISH COUNCIL

Meeting: 8th September, 2004

## **BABERGH CAR PARKING FEES**

Councillors' views were divided when they discussed the possible introduction of car parking fees in Sudbury, Hadleigh and Lavenham at their September meeting.

Four of the seven members present were opposed to charges with chairman Gerry Battye pointing out Sudbury was a market town with good quality small shops which needed to keep attracting customers to keep them going. Vice-chairman Patricia Fuller said if charges were introduced they would inevitably go up.

District councillor Chris Hunt, who chairs Babergh's car parking study group and has previously supported charges said the group was keen to obtain people's views. Meetings had already been held in Hadleigh and Lavenham and arguments for and against taken on board.

Following council tax increases there was pressure on Babergh to look at ways of increasing revenue. An in-depth survey into car park usage had been done and the council would have to come to some sort of management arrangement which might include charging.

## **YOUTH CLUB**

It was reported Mr Battye and Mrs Fuller had met youth club committee members and community youth service head John Messenger who warned the club would close after Easter if numbers were not high enough. The committee favoured having one youth worker instead of two, plus one volunteer. They had some new ideas and were trying to encourage young people to come. Mr Battye said there were 12-plus regular members but the club needed 20 to be viable. The council was supportive but work was needed to develop the club programme. Mrs Fuller said volunteers from the village would be welcome and any residents with practical skills that would interest members.

## **YOUTH HUT**

Looking at risk assessments Mr Battye said councillors had met the scouts' committee to consider the future of the youth hut. It was agreed something had to be done about the deteriorating building as it posed a risk to children playing nearby. Ownership needed to be confirmed and it was agreed to approach someone to do an independent survey.

## **TWIN BIN SCHEME**

The council was not satisfied with Babergh's response to its survey into the twin bin scheme and the item will be discussed again next month. Mr Hunt said a working group was looking into how the scheme was working.

## **PLANNING**

Reviewing planning applications Mr Battye reported an enforcement notice had been served over developments at Breach Grove, Wiston, including the change of use from one to two houses, hard-standing for a mobile home and the erection of an extension to it.

## **HIGHWAYS**

Unsatisfactory re-surfacing work in Fen Street and Newlands Lane was branded a "disgraceful waste of money," by Bryan Smith. Letters had been received from two Fen Street residents complaining about sub-standard work done last year which was supposed to have been rectified recently.

Councillors heard the road had been swept in preparation for re-surfacing but the job had not been done. Resident Alex Murrison felt an explanation was due from Suffolk highways department plus a firm commitment to carry out the work.

Mr Smith said the sub-contractor had admitted using sub-standard dressing last year and he now understood Fen Street would not receive top dressing until next year. "The contractor caused the problem and should rectify it. I want to make sure taxpayers' money has not been misused," he added.

It was agreed to contact western area highways manager Jim Nunn and pass the correspondence to county councillor Selwyn Pryor.

## **OPEN SPACES**

Once the ownership of the culvert beside Bear Street and the open space is established Mr Hunt proposed clearing the area and digging out the water course. Ray Spencer said he was not happy with the strimming work beside the river this season and would contact the contractor. Last year two or three spaces had been cleared for fishing but this year there were none.

## **ALLOTMENT CHARGES**

The council agreed allotment rents should stay the same and letters will be sent to holders asking them to keep plots in reasonable order.



## **NAYLAND POST OFFICE RAID**

A FRESH appeal for witnesses has been made by Suffolk police following last month's armed raid on Nayland post office.

Three masked robbers escaped with an undisclosed amount of cash after bursting through the door of the Post Office at about 9.30am on August 24. After threatening postmistress Patsie Ford and four customers with a shotgun and other weapons they snatched money from the safe and fled in a red Ford Sierra. Later found abandoned at Polstead Hill, Stoke-by-Nayland, the vehicle had been stolen two days earlier from Great Waldingfield.

Police Sergeant Trevor Sharman, acting beat officer, told Nayland Parish Council's September meeting a lot of witnesses had come forward with useful information about the robbery. He said full investigations had been carried out on the car and at the scene of crime. Forensic analysis was being done and there was possible DNA evidence.

"But there may still be witnesses who may have seen the car before, during or after the raid," he added. "If there is anybody who saw something however small we'd like them to come forward."

Information suggested a white Transit-type van could be involved and police were urgently seeking any evidence of one being seen in Nayland or Stoke.

Sgt Sharman said the robbery, dealt with by Hadleigh

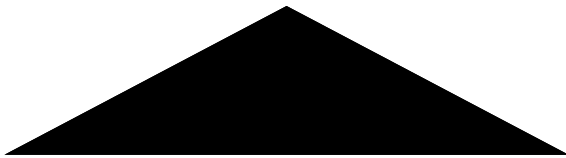
CID, was being linked with a recent similar-type raid which used the same method of operation at Haughley near Stowmarket.

Improved security measures at Nayland post office were currently under discussion between Royal Mail and the postmistress, he added.

Parish council chairman Gerry Battye said the raid had caused a good deal of disquiet in the village, illustrating the vulnerability of a rural area, and he hoped the vacant post of community beat officer would be filled as soon as possible.

Anyone with information about the robbery who has not yet come forward should contact:

**DC John Peddely on 01473 613500 or  
Crimestoppers on 0800 555 111.**



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# NAYLAND CHRISTMAS BAZAAR



## SATURDAY

## 4<sup>th</sup> DECEMBER

## 2pm until 4pm



## VILLAGE HALL

### APPLICATIONS TO TAKE A TABLE AT THE CHRISTMAS BAZAAR

The charge will be £5.00 per set of tables, and 25% of the net profits.  
Please state on the return slip what type of stall you would like to do,  
so that we can make sure there is a good variety.

Please return the slip below, with payment, to either:  
Tricia Hall at 5 Elm Grove, Mark Stephens-Row at 6 The Westerings or Andrew Gowen at 43 Bear Street  
by 1 December at the latest.

To Nayland with Wissington Community Council

#### Application for Space at the Christmas Bazaar

Name of Society .....

No. of Tables .....

Cash/Cheque £.....

Signed .....

**MEETING: 20TH SEPTEMBER 2004**
**YOUTH CLUB:**

A letter from Annette White explaining the situation with the Youth Club was read to the meeting. Suffolk County Council had postponed its withdrawal of support until March 2005 and the Parish Council had expressed strong support but was unable to help in this financial year. The club was actively recruiting members. The meeting agreed that it would look favourable on providing help if asked but hoped that other organisations would also chip in if extra money was required.

**STREET FAYRE WASH UP:**

Andrew Gowen expressed his thanks to all those societies and individuals who had worked so hard to make it successful. The general consensus was that it was a success; made some £2000 for the Council Funds and an unknown amount for the village societies; the community atmosphere was good; there was probably too many activities; we need more helpers to stay on at the end; and we need more chairs. There was some discussion about running some field activities near Court Knoll but there was some concern this might detract from the event in the village centre. A hog roast was suggested and a French theme was proposed for 2006.

**BONFIRE NIGHT:**

It would be run as previously. If it rains the fireworks would be moved forward and the spectators will shelter in the front of the Village Hall.

**CHRISTMAS BAZAAR ON 4 DECEMBER:**

Similar to previous years running from 2 – 4pm with the Hall open for setting up from 9am. Societies were asked to get their bids in early. A bidding form was in the Community Times. We would be grateful for raffle prizes.

**COMMUNITY TIMES:**

The Chairman emphasised the importance of sending contributions to Lorraine as soon as possible and not wait for the deadline. She was doing a fantastic job and we must all help her. There was now a shortage of space as its size was limited and in future entries "will be first come first served". Consequently, there may be insufficient space for late entries particularly those advertising society events. Lorraine Brooks thanked members for their support of the Community Times and was pleased with the variety of entries. Advertising was increasing and it may be necessary to increase cost of full page adverts next February because of the pressure on the size of the newsletter. **Please note: final date for the December edition was 20th November.**

**VILLAGE HALL:**

Iain Wright reported that the cost of maintenance of the Hall over the next 4-5 years was likely to be £30,000 -£40,000 and his committee was in the process of working out how to cover this. Hall charges will be going up but they will never be sufficient to cover the full maintenance costs as village societies could not afford to pay full commercial rates. The constitution of his management committee did not allow it to raise funds on its own although there was nothing to stop members of the committee working together as individuals to raise money for the Hall. Ken Willingale outlined the history of the Hall and its committees and confirmed that the Management Committee was established by the Parish Council to specifically manage the hall without a fund raising mandate. Therefore its income was from hall fees and any grants and support it could obtain. The Community Council and the Village Societies had some responsibility for supporting the hall. After considerable discussion it was agreed that the village cannot let the fabric of the hall deteriorate and the meeting agreed the following:

- For the Community Council to provide a grant of £1000 to the Village Hall specifically for maintenance. This was in addition to a previous agreement to match fund up to £500 for the purchase of chairs.

- Members to go back to their societies and ask them to fund raise specifically for the Village Hall Maintenance Fund.

Chris Hunt explained that the Country and Western Group who used the Hall could not be expected to contribute to its maintenance as few of its members came from Nayland and Wiston. However exceptionally they were having a special fund raising event to purchase tables for the Hall.

**SOCIETY REPORTS:**

**The Royal British Legion** were organising a trip to Woolwich Artillery Museum on Thursday 4 November and to Bletchley Park on 20 or 27 November and would welcome others to join them.

**Choir** were having a concert in the Church at 6.30pm on Sunday 28 November and hoped for good support.

**Village Players** pantomime called the 3 Musketeers was to take place 8 – 11 December and was very funny and they hoped for strong support.

**Conservation** open meeting was 12 October and its joint meeting with the Hort Soc was on 9 November.

**Horticultural Society** was having a meeting tomorrow entitled the "the Magic and Mystery of Herbs". It wanted to know what had happened the Village Hall garden trophy. Iain Wright said that his committee had yet to provide and award one.

**NAYLAND WEB SITE:**

Graham Griffiths introduced himself and said that there had already been over 10,000 "hits" on the site. He offered the societies the opportunity to have their own Web Page. Already the WI and Royal British Legion were there and he hoped others would join them. Andrew Gowen thanked Graham for setting up the Web site for the village and that he hoped that more and more people would come to use it regularly.

**GRANT APPLICATIONS:** ( in addition the grant to the Village hall)

- A grant of £300 was agreed to be awarded to Paula Taylor towards her expenses to climb a mountain in Ethiopia as part of her money raising for St Helena Hospice. Her hard work in supporting this cause was much appreciated and the Council wanted to help.
- A request from Nayland Eagles Football Team for a grant to help to buy a new strip was discussed but it was felt that the team needs to participate more in village activities such as the Street Fayre and attending meetings of the Village Hall and Community Council before such a grant could be considered.

**TREASURERS'S REPORT:**

Al Machin reported that the Community Council had almost £11,000 on deposit and £900 in the bank and that total assets were worth £12,742 and that the accounts were in a healthy state.

**CHAIRMAN'S REPORT:**

- Andrew Gowen suggested a Village Hall working party to work on the Community Council garden and 9am Saturday 9 October was agreed. He hoped that the Societies might join them on that day to work on their gardens.
- It was agreed to set up the Christmas tree on 14 December at 9am.

**NEXT MEETINGS:**

The next meetings are as follows:

- Tuesday 14 December at 8pm (preceded by the Executive meeting at 7.30pm) followed by wine and mince pies – hope that members would help in the provision of these!
- Monday 7 February
- Tuesday 15 March – the AGM.



NAYLAND COMMUNITY  
COUNCIL

# BONFIRE AND FIREWORKS

\* NOVEMBER 5<sup>TH</sup>

\* ON THE NAYLAND  
VILLAGE HALL  
PLAYING FIELD \*

6.45pm for 7.00pm

HOT DOGS - SOFT DRINKS - ADULTS DRINKS  
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ADULTS £3 - CHILDREN £1

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#### CAMPAIGN FOR WEEKLY WASTE COLLECTION [www.weeklywaste.com](http://www.weeklywaste.com)

This Web site seeks to inform those with concerns over the fortnightly collection of 'general refuse', and give up to date information on public health issues associated with these schemes.

The Environmental Protection Act 1990 contains no legislation for the frequency of refuse collection. Defra advised this was not included specifically because remote areas, such as the Scottish Isles could not be expected to receive a weekly refuse collection. It is our intention to submit an online petition to the Department of the Environment, Food and Rural Affairs (DEFRA). You can join the petition on [www.weeklywaste.com](http://www.weeklywaste.com).

By joining forces it may be possible to put pressure on our government departments to introduce legislation dealing specifically with frequency of perishable waste collections. Several councils have already reverted to weekly residual waste collection, these include: **Chelmsford Borough Council**, Rossendale Borough Council, North Lanarkshire Council, Kirklees Council, Nuneaton & Bedworth District Council, .....



# Nayland Youth Club

meets every **Tuesday**  
at the **Village Hall** from **19.00 to 21.00**

**Theme for the Autumn Term will be Multi media**  
**Highlights of the programme include:**

21.09.04	Indoor Olympics	Take part in a crazy version of this sporting event
19.10.04	Rapping/Poetry	Russell is coming along to introduce you to the art of rapping and how to make your own lyrics
02.11.04	Street Dancing	Learn some new dance moves to impress your friends
23.11.04	Drumming/Percussion Workshop	A professional drummer and percussionist will be visiting the Youth Club
14.12.04	Christmas Party	Let your hair down and have a party. Bring a friend

**See Youth Club Programme – now available**  
**from the Post Office, or telephone Mark on 01787 310582 (evenings)**



## FILM GROUP

Running alongside the programme will be a Film Making Group where members will have the opportunity to explore the art of making video.

The Group will have the opportunity to make a film from scratch, beginning by thinking of an idea, developing a storyboard, filming on location and editing the final film.



***Come along and speak to Mark or Lenka for more details***

You may already be aware that the Youth Club is threatened with closure due to 'insufficient numbers.'

Suffolk County Council (Community Education) currently fund two part time youth workers, based on an average weekly attendance of around 20. This criteria is not currently being met.

The Support Group do not believe the figure of twenty to be a realistic one in a locality where there are relatively few young people of this age group. We have argued that the Youth Club is vital to our community and as a result the Authority have agreed to extend the deadline (formerly July 2004) to March 2005, providing we undertake to run the club independently thereafter if numbers do not increase sufficiently.

It is hoped that this will not be necessary but should the funding end in March 2005 we are faced with the following options:-

- 1 We run the club with a grant of £1,000 (minimum necessary for one worker), which we have applied for and will likely be for one year only. In addition we will need a volunteer to assist each week.
- 2 We run the club with two volunteers if the grant is not obtained.
- 3 We close the youth club.

In the event of obtaining the grant Suffolk County Council will no longer employ the youth worker, the Support Group will become the employer. There are other youth clubs run on this basis and we are

currently looking at examples to formulate our own management plan. In either case we will need **volunteers**. These could be parents, although not necessarily. It could be a team of people, operating on a rota, although ideally some continuity is needed.

**In essence if suitable volunteers cannot be found the youth club will close. March 2005 may seem a long way off, but please start thinking now about how you might be able to assist.**

Some of you may be unclear about how the Youth Club operates. It is a registered charity which is subject to charity law. One stipulation is that it must be managed by a board of trustees, i.e. The Support Group. Meetings are held four times a year and the AGM is 16<sup>th</sup> November. The current treasurer will be standing down at the AGM, the secretary's position is already vacant and more committee members are needed. Unfortunately in the past parents have been unwilling to become involved. Average attendance at meetings in the last two years has been 2-3. Unless a viable support group is maintained the youth club will not be able to function in the future.

**Please take time to consider the implications these issues have and the impact that decisions made will have on yourselves, your family, future generations and the village as a whole if we were to lose this facility.**

*Annette White for Nayland Youth Club Support Group*

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## PAULA'S ETHIOPIAN MOUNTAIN TREK

A DEDICATED member of a hospice nursing team is tackling a strenuous ten-day mountain trek to boost its funds.

Portuguese-born Paula Taylor of Nayland, a nurses' assistant at the St Helena Hospice, Colchester, resolved to help when she found the organisation had ended the financial year with a £200,000 budget deficit.

She was reading a newsletter during a night shift when she came across an advertisement urging people to take up a challenge to support the hospice.

"People talk a lot about the good hospices do but until you've seen for yourself you don't realise just how much they help terminally ill patients and their families," said Paula.

"I love my job and would do absolutely anything for the hospice so I decided to tackle the Simien Mountain Challenge in Ethiopia."

On November 5 Paula and her sister-in-law Karen Taylor, a Devon-based magazine photographer, set off on the trek across the mountains. The challenge will involve hiking in temperatures of 25C during the day and camping at night in freezing conditions, with no toilet or washing facilities during the trip.

A fit 37-year-old, Paula trains by running every day and is joining a gym after the summer holidays. She is determined to complete the trek and at Easter was one of only two people in a party of nine to finish a walk from one end of Hadrian's Wall to the other.

Before embarking on the challenge she and Karen each have to raise a minimum of £2,750 for their charity and Paula is already close to her target.

"We're hoping to raise £6,000 between us and if we get more than that it'll be fantastic," she added.

She had to spend more than £1,000 herself on fares, inoculations and equipment before doing any fund-raising. Then she wrote dozens of letters to national and local organisations and was given permission to collect donations outside two supermarkets.

Nayland Primary School also supported her and children who took part in three sponsored activities on sports day raised £695. A recent car boot sale she organised made £366 profit including £66 from teas, thanks to Nayland WI.

Paula's husband Mark, an Essex University lecturer, and children Tati (14) and Joshua (six) fully support her enterprise and think she's brave to tackle the challenge.

"We're a group of eight people all supporting different charities and by putting ourselves through such extremes I think at the end we'll have formed a bond that'll never be broken," she said.

"It'll be tough but if I do get desperate at any time I'll focus on the hospice patients - they're my heroes."

*Anyone who would like to support the St Helena Hospice by sponsoring Paula's Ethiopian mountain trek can contact her on (01206) 263423.*



## LOG-BOOK OF AN ARDLEIGH SAILOR

**July 2004....** With complete confidence in the knowledge and expertise of my partner Paul (who has sailed for over 40 years) we decided to buy a racing dinghy. Travelling

up to Newmarket, we towed home the good ship Hankee Pankee (so named) and sat her beside the house for a few days, stared at by our two cats and perched upon by the resident coal-tits. A strange addition to the domestic landscape of the village indeed.

Other than handling a rowing boat when very young and a recent, horribly unforgettable voyage to Brugges across the heaving North Sea, I have no experience of being in boats. This new vessel is an 'Enterprise' type - an apt and positively named boat for a potentially challenging time ahead. As I'm not ready for a return to the high seas, we joined Ardleigh Sailing Club. Paul moved the boat there on one of those mini-cyclone days to have disturbed the peace of East Anglia this summer, when the rain was so intense it dissolved the glue in his 'waterproofs'. On the next day, we unfurled the sails and checked the rigging. I was proud to help put up the mast and to learn how to do a figure-of-eight knot.

A few days later, bedecked with buoyancy aides (life jackets) we set sail at Ardleigh reservoir on a sunny Friday afternoon. There was no one else about. Ardleigh reservoir is not in a deeply rural spot, with only the song of a lark and the call of a peewit to be heard. Though nestling in a tree-lined valley and fluttering with waterfowl, you can still hear the sounds of people in a hurry.

Once on the reservoir, only the gentle slap of the water on the hull of the boat and the idle flapping of the wind in the sails were audible. It was so exhilarating to realise that we were moving along without an engine or oars, that I'm afraid I whooped as only Americans usually whoop (to the dismay of the swans). While the skipper was keeping us safe whatever the whims of the wind, I was of course following all his directions, pulling the ropes attached to the jib (little sail at the front) to the left or right while ducking under the boom, enjoying some success. The faster we tacked and turned the greater the fun. I thought we were flying! Thirty minutes later, we returned to shore with me determined to find out more. Paul said we had reached top speeds of probably two-and-a-half miles an hour.....

Ardleigh sailing club held an 'All on the Water' day on the following Sunday to raise funds for the RNLI. We went along. Yet another dull day, but people were friendly and a fine barbecue was

available for all. The visit began well for me, winning a bottle of wine and a very girly doll on the Tombola. It is some time since I was attached to dolls, so it was helpful that we shared a table with Molly (3) and her Mum and Dad. Molly engaged us in entertaining conversation and was clearly a very keen sailor. She was determined to name the doll 'Wally the ballet dancer'.

More experienced sailors were racing - a lovely sight with red, blue, white and multi-coloured sails veering about. Their swift return to shore at the end of the race was like water boatmen and dragon-flies rushing about on a pond.

After lunch, and with the example of Molly in her new sailing shoes in mind, I decided to make a second voyage out.

When we had set up the mast, we had omitted to put the burgee (tiny flag) on the top. (The burgee shows the wind direction and is an essential steering indicator for the skipper). Once Hankee Pankee was in the water, we tipped her over on her side so that someone standing on shore could fasten on the burgee. This meant that about nine inches of water collected in the bottom of the boat. I then had some difficulty in getting into the boat as my 'spray proof' clothing had back-filled to my knees. Hoisting a leg over into the boat meant that the water travelled up the inside of the trouser leg round to join the pond at the bottom of the other trouser leg. This was no moment to be thinking about one's appearance or any such flimsy nonsense.

Fearless and unperturbed, we floated off, planning to 'sail the water out'. There was little wind and even more water slid in when the self-bailers were opened as a trial. Trusting though I am, once the water level inside the boat had reached a foot (there is some dispute about this) I asked to be returned to shore. Paul tipped the water out and sailed on.

Last time I saw Molly, she was careering off across the reservoir in the prow of one of the powered safety-boats, accompanied by Wally and an equally tiny friend plus sensible helmsman. They were having a great time.

**August 2004 .....** Though you can view the splendid photographs on the official Olympic website, the BBC's coverage of the Olympic sailing team was disappointing. What we did see demonstrated dazzling expertise with boats surfing across the waters of the Saronic Gulf at fizzing speeds, all against a backdrop of the evocative Greek islands. It rather confirmed that we might be only spectating in 2008....

**Miranda Cook** [naylandcooks@btinternet.com](mailto:naylandcooks@btinternet.com)

Official Olympic website - sailing gallery:

<http://www.athens2004.com/en/SailingGallery/redirect>

Ardleigh Sailing Club website: <http://www.ardleighsc.com/>

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*by Richard Lloyd*

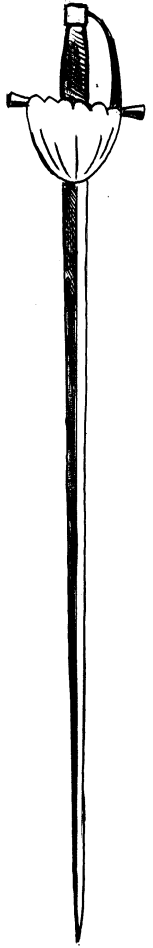
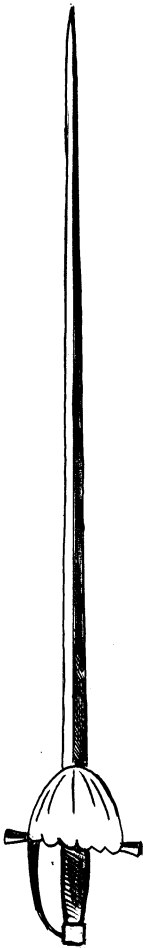
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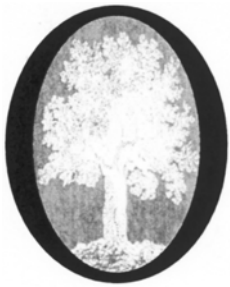
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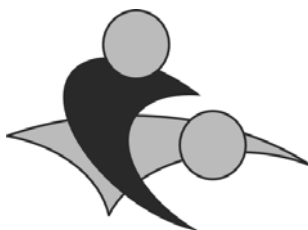
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# Society News

## SUDBURY TOURIST INFORMATION CENTRE

The Tourist Information Centre in Sudbury is planning to produce a regular events leaflet for the Babergh Area. It will be free to all residents and visitors to South Suffolk.

**They would like to identify Clubs and Societies within this area who would benefit from advertising their events in this way.** If you think your group could benefit please contact:

The Tourist Information Centre - Town Hall, Market Hill, Sudbury, CO10 1TL  
Tel: **01787 – 881320** Email: **sudburytic@babergh.gov.uk** Website: **www.visit-suffolk.org.uk**



### ROYAL BRITISH LEGION

Secretary: Andrew Gowen 262534

We had another very enjoyable meeting with the Women's Section on 13 September in the Church Hall with 22 people present. We also enjoyed a glass of wine and a coffee together.

It was agreed to arrange the following outings provisionally on the following dates:

- Woolwich Royal Artillery Museum on Thursday 4 November 2004.
- Bletchley Park wartime code breaking establishment on Saturday 20 November 2004 (with 27 November being the alternative day).

**It is open to anybody and is not restricted to members of the Royal British Legion.** Contact Bill Martin on 262168 for Bletchley Park or Andrew Gowen on 262534 for Woolwich. It will not happen if there not enough takers so contact us as soon as possible.

We agreed the following activities:

- Poppy Appeal Coffee Morning in the Church Hall 10 – 12noon on Saturday 30 October. Items for sale and raffle prizes would be welcome.
- Participation in the Christmas Bazaar on 4 December
- Joint Christmas party in the Church Hall on 6 December – entertainment being provided by the Men's branch.
- Joint Coffee Morning on 4 June 2005 at Parkers

We hope for a good turnout for Remembrance Day on Sunday 14 November. Please note that our AGM is at 8pm on 1 November at the Church Hall.



### NAYLAND WITH WISSINGTON W.I.

Secretary: Sue Gowen 262534

July was a busy month – as well as our usual meeting at which we had a talk on gardening – we had two outings. One was to Bury St. Edmunds and then on to Wicken Hall and then later in the month an afternoon tea at Heybridge Basin and then on to the jam factory at Tiptree.

In August we have an outing instead of a meeting and we decided to have a barbecue in the garden of the White Hart. We chose just about the wettest and windiest evening of August but we managed to have a wonderful evening with our barbecue inside!

We have had yet another outing in September. A visit to Wimpole Hall and Rare Breeds Farm. The weather was perfect and we were able to lunch outside and enjoy the gardens and grounds of the house. We are always happy to include non-members on our outings – we just want to fill the coach! News of our September meeting in the next Community Times.

In October Dr. Rob Dryden is talking about Mountain Landscapes of Europe. That is on Monday October 18<sup>th</sup>. At 7.30 p.m. in the Village Hall. Do come.



### NAYLAND CHOIR

Secretary: Peter Roberts Tel: 323586

Nayland Choir Winter concert:  
Sunday 28<sup>th</sup> November 6.30pm St James  
Church – Maurice Durufle – *Requiem*.

Directed by Jeremy Hughes, we will prepare Maurice Durufle's *Requiem* for the winter concert to take place in December. Durufle was born in 1902 and died as recently as 1986. He was organist at St Etienne-du-Mont in Paris from 1930 and was a composition pupil of Paul Dukas. This music will be essentially French.

The choir meets on Thursday evenings, 8 – 10pm at Nayland Primary School from Thursday 19<sup>th</sup> September. We would be very pleased to welcome you, whether you have much musical experience or are a beginner. The choir achieves a very high standard of performance and there are no auditions. Rehearsals are held in a good mix of concentration, commitment and irreverence. You are guaranteed to go home more awake than when you arrived! Hope to see you there. *For further details please contact Peter Roberts on 01206-323586*



## NAYLAND WITH WISSINGTON CONSERVATION SOCIETY

Hon. Secretary: Andora Carver 262970 Chairman: Mr J Alexander 262676

Our next Open Meeting will be in the Village Hall on **Tuesday 12th October when John Blatchly will talk about "Medieval Text Messages – Detective Work in East Anglian Churches"**. All members and friends are most welcome to come along at 7.40pm and have a cup of tea or coffee before the meeting starts at 8pm.

The **Joint meeting with Nayland Hortsoc and the Suffolk Wildlife Trust is on Tuesday 9th November**. There will be stalls, a raffle and tea and coffee starting at 7.40pm.

The new fishing arrangements on the River Stour beside the Nayland Meadow appear to be satisfactory at present. However, it would be much appreciated if fishermen could please take home all their litter, including bait bags, etc. There is a particular problem below the weir.

Now that the wheat crop has been harvested, we expect the next stage will be the creation of a pond and reedbeds by the Environment Agency, followed by the installation of fences and gates. Work will start only when we receive the relevant permissions and approval of our various grant applications.



## 1<sup>st</sup> NAYLAND CUBS AND SCOUTS

Secretary: Claire Prescott 263344

### NAYLAND SCOUTS GO CAMPING

Four of the Nayland scouts went camping in Derbyshire where they walked and walked for miles and miles. Only joking! But they did walk for 10 miles on Saturday and 6 miles on the Sunday. The scouts drove away from Nayland at 6pm on Friday and got there at 10pm that night. With only one stop for food! They got there and settled into their cosy new tents for some sleep, which lasted through the high winds and the rain. The next morning they got up at 7am to cook their porridge or pour their cereal and milk. At about 9:30 with their backs packed for the day ahead they set off on their journey around the hills! They climbed and climbed until they got to the top. Where they saw some great views and saw some tiny people at the bottom! They walked along the hilltop looking at their maps and compass, moaning to stop for lunch. You know what I'm talking about! When they stopped for lunch they ate their well-earned sandwiches. Which they made themselves!!! Then they kept walking looking at the "cool" rocks in weird shapes and positions! Eventually they got back to camp all worn out. Shortly they had to cook their tea with tranga's before it got dark. After a long day they couldn't wait to get into bed.

The next morning when they were all set with their backs packed again and full of breakfast goodness. They set off for another fascinating walk. Again they climbed to the top of the hill but this time a different route! They went along footpaths and through the open country searching for physical features to work out where they were and which way to go! At lunch they were getting ready to leave for home, there was some relief but also good memories of the great time they had! All the scouts had a fun and tiring weekend and would all do it again if they got the chance!

*By Lewis Prescott, Scout Member*



## THE FRIENDS OF ST. MARY'S CHURCH

Secretary: Carol Wright Tel: 262657

Future events for the diary are as follows:

**Saturday, 9<sup>th</sup> October 2004 11am AGM & Coffee Morning in St Mary's Church**

This is your opportunity to see first hand how your money has been spent (tower repairs & re-hanging of the bells) & to have a cup of coffee & a chat. There will also be an opportunity to ring the bells. Please join us.

**Saturday, 20<sup>th</sup> November 2004 6pm - Concert & Canapés Tickets £12**

Performers will be Wiston's own Jo Storey (piano) & Ellie Reeve (flute). The programme will be:

**Schubert:** Variations for Flute & Piano on "Trockne Blumen" from "Die Schone Mullerin" D802

**Karg-Elert:** Sonata Appassionata Op.140

**Janacek:** In the Mist Movements 3 & 4

**Prokofiev:** Sonata No 2 for Flute & Piano Op. 94

After the concert, George & Fiona Storey are very kindly hosting "Sparkling Wine & Canapés" at Wiston Hall (next to the Church). **Tickets £12:** available from Caroline Ross –Stewart 01206 263701.

Proceeds from these events will go towards our next project, the repair of the dry stone area at the base of the Church (following an architectural investigation) plus other external render repairs.



## HORTICULTURAL SOCIETY

Mrs Joan Moore 262721

### ***Is Spring Getting Earlier? - Dr Tim Sparks***

Joint meeting, Hortsoc, Conservation Society and Suffolk Wildlife Trust

**Tuesday 9<sup>th</sup> November, Village Hall, 7.40 p.m.**

Climate change is something that affects us all. The recent devastation wrought by Hurricanes Francis and Ivan is a terrible reminder of this. We are therefore very privileged to have as our speaker at the joint meeting Dr Tim Sparks, Principal Scientific Officer at the Centre for Hydrology and Ecology. His work is to do with recording leafing, flowering, migrant birds and butterflies, and his time is split between being a statistician, phenological researcher and carrying out ecological research on hedgerows and woodlands, working in co-operation with a wide range of European colleagues.

As part of his research he evaluates records submitted to the Woodland Trust and the UK Phenology Network by some 15,000 amateur phenologists across the United Kingdom. The results of his research are conveyed to decision makers, including the inter-governmental panel for climate change.

***What is phenology?*** Phenology is the study of the timing of natural seasonal events - signs of spring and autumn with first sightings of tadpoles, birds nesting, buds, leaves and flowers, or ripening fruit and berries, leaf colour change and fall, and the arrival and departure of migrant birds. The UK Phenology Network and Woodland Trust's project uses records submitted by its volunteers to understand more about how plants and animals are responding to a changing climate. This provides vital information for the future, as global warming and climate change become increasingly important in the political and social agenda worldwide.



### **HARPERS HILL WILDLIFE SITE**

Mrs Joan Moore 262721

Common blue butterflies and six-spot burnet moths provided a colourful spectacle at the end of July and the first week of August as they emerged from the pupal stage and could be seen flying over the grassland.

Male stag beetles have also been recorded in the vicinity. Ray Banyard photographed a large male in his garden at 4 The Westerings during the last week in July. Hopefully this and other males will have found females to mate with and with luck these will deposit their eggs in the two Beetle Hiltons built on the site last year.

The site as a whole is looking very attractive as autumn approaches, and will no doubt have benefitted from the working party's labours in September.

**Joan Moore**

### **CRIMSON AND BLACK – THE SIX-SPOT BURNET MOTH**

One hot afternoon in early August I walked across to the Harpers Hill Grassland Reserve little knowing that I would soon witness a most marvellous sight. The whole reserve was teeming with crimson and black moths some of whom were on the wing, some of whom were feeding on flowerheads and some of whom were already mating. The large thistle flowers were covered in moths and on some heads I counted as many as eight in number, completely hiding the flower.

When they settled you could see the attractive crimson patterns on the black background. The hind wings are crimson outlined in black but the front wings bear the six crimson spots per wing which give the moth its name.

There are seven kinds of Burnet Moth in the British Isles but the six-spot is the most common. They must have been emerging all of that day witnessed by the empty cocoons attached to the tall grass stems. Some cocoons were still intact, green in colour and firmly attached to the stem and appearing to be part of it. Others were in the process of coming out and the cocoons were broken at the top and the black bodies were slowly emerging.

I haven't witnessed the following but presumably the female moths, having mated, will lay their eggs on the Clover and Birdsfoot Trefoil and the hatched caterpillars, greenish with black markings and some yellow spots, will feed throughout the Autumn. They hibernate through the Winter and in the Spring continue feeding until they pupate on the grassy stems.

There is a lovely symmetry about that life cycle and I'm pleased it's happening on our reserve. I shall though be more diligent next year and keep an eye on those grassy stems and not leave it as much to chance as I did this year. If you're not on the ball you could miss it altogether. **Roy Evans**



# NAYLAND FLOWER SHOW 2004



*Sophie Nevard, receiving the Gent Cup for highest points in Section 7 from Heather Worricker*



*Joe Reader, receiving the Sawyer Cup for highest points in Section 8*

The children certainly stole the show this year. Thirteen entrants produced 66 exhibits (just over a fifth of the total entries). They were of such a high standard that every entry earned a Highly Commended from the judges. Although there was only one entrant for the 9-14 year old section, Joseph Reader entered every class and the quality of his work was such that the judges had no hesitation in awarding him the Sawyer Cup.

## RESULTS IN THE CHILDREN'S SECTIONS

### GENT CUP – Sophie Nevard

Highest points, Section 7 (8 years and under)

### SAWYER CUP – Joseph Reader

Highest points, Section 8 (9-14 years)

### Section 7 (Open) Children: 8 years & under

Home-made sweets:

Sophie Nevard, Zeta Dann, Shannia Dann

Decorated hard-boiled egg:

Sophie Nevard, Laura Gladwell, Shannia Dann

Jar of wild flowers:

Josie Reader, Luke Gladwell, Sophie Nevard

Edible necklace:

Shannia Dann, Sarah Stanton, Sophie Nevard

Cresshead:

Josie Reader, Ricky Reader, Sophie Nevard

Poster for next year's show:

Brogan Dann, Pippa Stanton, Sophie Nevard

Photograph of vegetables:

Ricky Reader, Josie Reader, Sophie Nevard

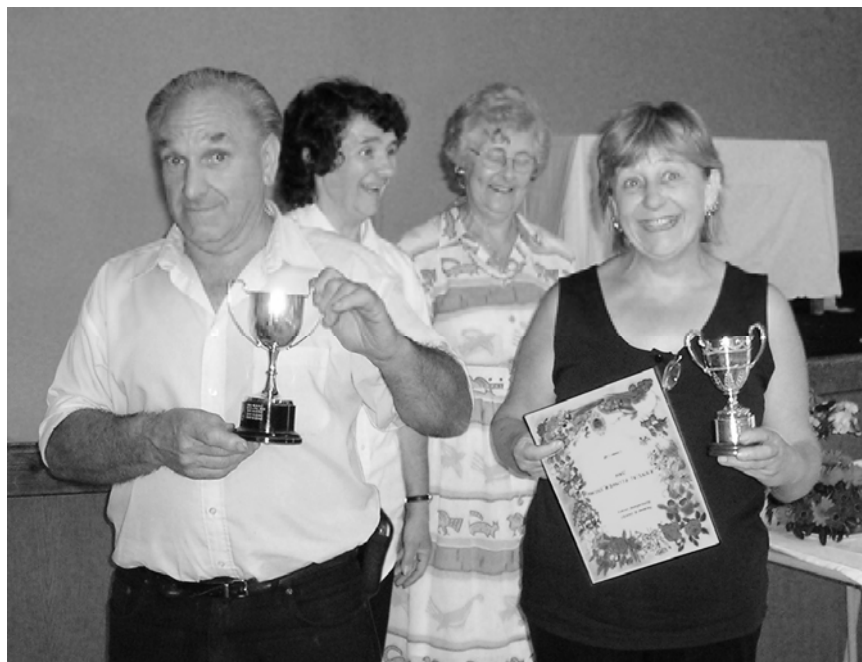
### Section 8 (Open) Children: 9 – 14 years

There was only one entrant in all seven classes;

Joseph Reader



*Posters for Nayland Flower Show 2005. The winning entries were: Brogan Dann, Pippa Stanton, Sophie Nevard & Joseph Reader*



*Mick Bond and Rosie Bugg receiving their awards from Heather Worricker and Sylvia Bond*

Despite the hot weather, the show attracted a steady flow of visitors during the afternoon. The difficult season meant that there were fewer entrants and entries this year, but all judges were very impressed by the very high quality and attractive layout of exhibits, particularly in the vegetable, flowers and fruit classes. The judge of photography, Geoff Meadowcroft, took a number of photographs of his own because he felt the displays were so eye-catching.

The Creems Cup awarded for the most points gained overall went to Rosie Bugg for the third time since she first entered in 1998. Her brother Ivan Kerridge won the Nora Owen Cup for the best dahlia in the show and the John Dyble Memorial Cup for the best fuchsia. Mick Bond gained the Kent Blaxill Cup for the highest number of points in the Vegetable Section awarded to a non-resident for the fourth year running, as well as gaining a number of Firsts in the various classes.

The cups were presented by former chairman Heather Worricker, who said how delighted she was to be present at a flower show without having had to work for it, but congratulated Hortsoc on keeping up standards by organising such an excellent display.



*Entries for Class 37, Gladioli*

## CUP WINNERS

**BERT HALL MEMORIAL CUP - Rosie Bugg**  
Highest points in Section 1 Vegetables (resident)

**KENT BLAXILL CUP - Mick Bond**  
Highest points in Section 1 Vegetables (non-resident)

**OLIVE WILLINGALE CUP - Mick Bond**  
Highest points in Section 3 Flowers

**WILLIAMS & GRIFFIN ROSE BOWL - Rosie Bugg**  
Highest points in Section 5 Flower arranging

**NORAH OWEN CUP - Ivan Kerridge**  
Best Dahlia in show

**JOHN OAKES CUP - Rosie Bugg**  
Highest points in Section 6 Cookery

**PETER SINGLETON TROPHY - Sharon Backhouse**  
Best rose in show

**ELLEN DAWE CUP - Sheila Sessions**  
Best photograph in Section 10 Photography

**JOHN DYBLE MEMORIAL CUP - Ivan Kerridge**  
Best Fushia in show

**KERRIDGE CUP - Joan Moore**  
Biggest disaster in the show

**CREEMS CUP - Rosie Bugg**  
Highest number of points in the show

## CLASS RESULTS

### Section 1 (Open) Vegetables – 1st, 2nd, 3rd

Five potatoes, white	John Palmer, Rosie Bugg, Mick Bond
Five potatoes, colour	Rosie Bugg, Ivan Kerridge, John Palmer
Five carrots	Mick Bond, Rosie Bugg, Ivan Kerridge
Five carrots, short	Ivan Kerridge, Rosie Bugg -
Three beetroot	Mick Bond, Sheila Sessions, Ivan Kerridge
Six runner beans	Mick Bond, Ivan Kerridge, John Palmer
Six french beans	Rosie Bugg, Mick Bond, H Gardiner/J Palmer
Five onions, seed	Ivan Kerridge, John Palmer, Rosie Bugg
Five onions, sets	Ivan Kerridge, John Palmer, Rosie Bugg
Three parsnips	Rosie Bugg, Ivan Kerridge -
Nine shallots	Ivan Kerridge, Rosie Bugg, John Palmer
Two cabbage lettuce	Rosie Bugg, Hazel Gardiner, Ivan Kerridge
Two cos lettuce	Ivan Kerridge, Mick Bond, -
Two marrows	Mick Bond, Ivan Kerridge, Rosie Bugg
Two cabbages	Mick Bond, Ivan Kerridge, Rosie Bugg
Five courgettes	John Palmer, Rosie Bugg, Mick Bond
Six tomatoes	Mick Bond, Rosie Bugg, Ivan Kerridge
Six tomatoes, cherry	Gillian Stanton, Rosie Bugg, Mick Bond
Cucumbers, ridge	Mick Bond, Rosie Bugg, Ivan Kerridge
Cucumbers, frame	Rosie Bugg, Ivan Kerridge -
Any other vegetable	Rosie Bugg, John Palmer, Ivan Kerridge

### Section 1A (Open) Vegetables

Vegetable collection	Mick Bond, Rosie Bugg -
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### Section 2 (Open) Fruit

Dish of soft fruit	Mick Bond, Rosie Bugg, Margaret Sloan
Dish of stone fruit	Mick Bond, Rosie Bugg, Pinkle Werner
Dish of four apples	Peggy Shreeve, Rosie Bugg -





Above: The Nayland Flower Show

Below: Class entries; Fresh foliage arrangement, Courgettes, Vegetable collection

### Section 3 (Open) Flowers

Roses, 3 hybrid tea	Barbara Reader, Bradley Stanton, Alan Reader
Roses, 1 specimen	Sharon Backhouse, Hazel Gardiner, Alan Reader
Roses, floribunda	Mick Bond, Charlotte Bishop, Alan Reader
Single rose, for scent	Barbara Reader, Bradley Stanton, S. Backhouse
Perennials	Barbara Reader, Peggy Shreeve, Jean Evans
Annuals, 3 varieties	Rosie Bugg, Mick Bond, Olive Willingale
Annuals, 1 variety	Mick Bond, Rosie Bugg, Jean Evans
Pot plant, non-flowering	Rosie Bugg, Mick Bond -
Pot plant, flowering	Mick Bond, Jean Evans, Sheila Sessions
Fushia, stnd/non-stnd	Rosie Bugg, Mick Bond -
Fushia, bush	Ivan Kerridge, Mick Bond, Rosie Bugg
Gladioli	Mick Bond, Robert Backhouse, Rosie Bugg
Asters	Rosie Bugg, Hazel Gardiner -
Chrysanthemums	Rosie Bugg - -
Cactus or succulent	Joy Jones, Mick Bond, Peggy Shreeve/Jean Evans

### Section 4 (Open) Dahlias

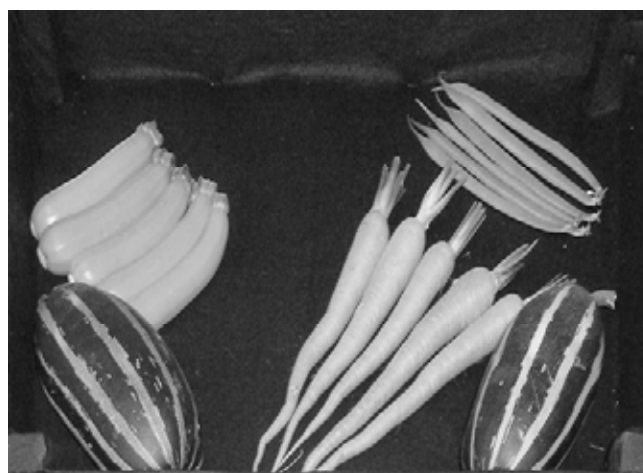
Cactus	Mick Bond, Hazel Gardiner, Rosie Bugg
Ball or pom-pom	Ivan Kerridge, Rosie Bugg, Charlotte Bishop
Decorative blooms	Mick Bond, Rosie Bugg, Sylvia Bond
Any varieties	Sylvia Bond, Mick Bond, Rosie Bugg

### Section 5 (Open) Floral Arrangements

Flowers & foliage	Rosie Bugg, Sheila Sessions, Charlotte Bishop
Buttonhole	Rosie Bugg, Terri Gardiner, Olive Willingale
Teacup arrangement	Hazel Gardiner, S Backhouse, R Dibble, C. Bishop
Fresh herbs	Charlotte Bishop, Joan Moore, Peggy Shreeve
Dried flowers & foliage	Rosie Bugg, Charlotte Bishop, -
Fresh foliage	Olive Noakes, Charlotte Bishop, Rosie Bugg

### Section 6 (Open) Cookery

Marmalade	Pinkle Werner, O. Noakes, C. Bishop/H. Gardiner
Jam	Hazel Gardiner, R. Bugg, P. Horrell, O. Willingale
Fruit jelly	Pinkle Werner, Rosie Bugg, Hazel Gardiner
Lemon curd	Rosie Bugg, - -
Chutney	Sheila Sessions, Rosie Bugg, Olive Willingale
Fruit cake (ladies)	Rosie Bugg, Olive Noakes, Jean Evans
Sponge sandwich	Mick Bond, Sylvia Bond, Rosie Bugg
Fruit cake (men only)	Mick Bond, Tom Gardiner, Bradley Stanton
Biscuits	Jean Evans, H. Gardiner, O. Willingale, T. Gardiner
Jam tarts	Terri Gardiner, Jean Evans, Rosie Bugg
Home-made sweets	Rosie Bugg, Charlotte Bishop, Olive Willingale
Bread	Rosie Bugg, - -



## Section 9 (Open) Crafts

Hand-knitting Margaret Sloan & Winifred Marshall  
Stitchcraft Joan Moore & Sheila Sessions

## Section 10 (Open) Photography

Landscape Sheila Sessions, Pauline Horrell, Barbara Reader

## Section 11 Home Grown Disasters

Joan Moore, Mick Bond, Sylvia Bond

### Art Exhibition:

Most popular exhibit was "Tiger" by Dorothy Bishop



Above: 'Tiger' by Dorothy Bishop

Right: 'Search for the Ringbearer' by Terri Gardiner

Below: 'Roses round the Door' by Daphne Berry



The Art Exhibition also aroused considerable interest, with its display of local artistic talents. Visitors voted "Tiger" by Dorothy Bishop, the most popular picture on display, and contributed over £15.00 to be donated to the Children's Hospice at Ipswich. Our thanks go to Daphne Berry and her team of artists for providing and setting up the exhibits.

Thanks are also due to Sheila Sessions and Peggy Shreeve for manning the produce stall and, more importantly, selling practically every item. Margaret Sloan ran the raffle with her usual efficiency, and Hazel and team provided teas, coffees and cold drinks - very welcome on such a thirsty day. Pauline Horrell was responsible for collecting the entrance money at the door. Hortsoc is very indebted to its hard-working committee, especially Bev Kerridge and Sylvia Bond for the smooth running and timely completion of entry cards, and treasurer Olive Noakes who looks after the finances not only for the show, but throughout the year, so ably. The efforts of all those who work so hard to grow, cook, arrange and craft the many items on display, however, must not be forgotten - without them there would be no flower show.



Thanks to all who visited our art display and voted for their favourites, thus donating a total of £15.60 to the Children's Hospice, Ipswich.

The main artwork was carried out at our Wednesday afternoon meetings, using watercolour, pen and ink, and acrylics. We covered quite a range of subjects: wildlife featured in Dorothy Bisphop's "Tiger" and Cecil Westgate's "Woodpecker"; John Burnett took us to Italy with his watercolour whilst Terri Gardiner to New Zealand with her "Rings" subject. Local views included Peggy Shreeve's from the old Jane Walker Hospital site, Joyce Fulbrook's of the Stour, whilst looking further afield Diane Dent chose Cley Mill in Norfolk, Kath Tulley's subject was Wivenhoe from Rowhedge, and Daphne Berry's a cottage at West Mersea, the latter two using pen and ink with watercolour. Shiela Sessions chose a sunset, and Liz Thorne's "Geraniums" were her first acrylic painting to be shown, so a range of materials, subjects and styles.

Classes start Wednesday 8th September at 2pm – 4pm in the Church Hall.



## Garden Notes

by *The Old Muckspreader*

The Romans introduced much of benefit to this country, but one of their imports, Ground Elder, though intended as a treatment for gout, has turned out to be a major horticultural nuisance. Having been involved with gardens for nigh on sixty years – man and boy – the OM/S cannot recollect a year when it has spread so viciously; in some places by more than a yard (no metric nonsense here).

Apart from one of the scorched earth types of weedkiller the only way to deal with this pest is also the most laborious; dig it out and remove all bits of root.

Inevitably some will remain, so a further inspection a month later is advisable.

Where it has invaded the roots of a perennial pick off the leaves to weaken it, then in winter dig the whole plant up, remove the Ground Elder roots, which are white and waxy, and replace the perennial. In grass the whole area should be covered; an old carpet will exclude the light but admit rain. The weed will come to the surface seeking light and is easily removed. Where it has invaded the roots of a large shrub or tree one can only pick off the leaves to weaken in, then ensure that it is confined to its base.

In the last N.C.T. issue, relying on what he was told the Gardeners' Question Time team had said during a garden visit, the OM/S disagreed with their verdict. Having now listened to the broadcast of the second part of their visit, he finds that they did attribute the die back on a Crab Apple to blossom wilt. So we are all in agreement.

On a recent visit to two famous gardens, Sissinghurst and Great Dixter (Christopher Lloyd) the OM/S was impressed by their use of annuals to fill gaps in borders, and the few that he grows here – White Cosmos, Larkspur and Anagallis (Blue Pimpernel) have been a great success this year.

Many hardy annuals can be sown in the Autumn; they overwinter as small plants and get away to a great start in the following year, needing much less watering and general cossetting than Spring sown ones.

Fallen leaves can be collected and stored in a heap, or a circle of chicken wire. Mixed with lawn mowings they make splendid leafmould after a year or so, or less if a compost accelerator is added.

Thank you once again OM/S

### WORDSEARCH

AMARYLLIS	HELENIUM
ANEMONE	LIRIOPE
ASTER	NERINE
CHRYSANTHEMUM	RUDBECKIA
COLCHICUM	SCHIZOSTYLIS
CYCLAMEN	SEDUM
HEDYCHUM	

The words may be horizontal, vertical, or diagonal and forward or backwards

*Solution on page 38*

A	P	M	U	M	E	H	T	N	A	S	Y	R	H	C
E	R	U	D	B	E	C	K	I	A	O	V	O	B	O
D	V	I	M	O	E	Y	C	O	X	L	D	S	V	L
S	C	H	I	Z	O	S	T	Y	L	I	S	I	D	C
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## The Country Harvest

Autumn produces a bountiful harvest to provide through the cold, dark and less productive months of winter. While freezing may be the modern answer to having produce available year round, the traditional methods not only provide a greater variety of produce, they can be very interesting to prepare and most satisfying to serve. As recipes become 'personalised' the results will also become unique!

**Sloe** – Sloes are the small, tough, round bluish black plum-like fruit of the blackthorn, *Prunus spinosa*. As its Latin name suggests, it is a large thorny shrub, and it is an ancestor of the garden plum and belongs to the rose family. The flowers appear before the leaves in March/April and the fruit from August to October. It is native to the British Isles and is found growing on the edge of woodlands and in hedges. The fruits are best picked after the first frosts and can be used to make jam, wine or to flavour gin.

### SLOE GIN

225g or 8oz sloes - 50g or 2oz sugar - 1pt Gin  
optional for flavour: 6 almonds, or 1 plum, or another fruit

- Remove the stalks and wash the sloes. Prick them all over and put them into a screw-topped bottle.
- Add the sugar and optional flavouring, then fill the bottle with gin and screw down tightly. Give the bottle a good shake.
- Leave in a dark place for 3 months, giving the bottle daily shakings until the sugar has dissolved. Then open the bottle and strain the liquor through muslin until clear.
- Rebottle and store for a year, or until required.

**TIP:** If the sloes are frozen first, the juices will flavour the gin more effectively.

**The strained gin-soaked sloes need not go to waste:**

### SLOE SHERRY OR SLOE BRANDY

175g or 6oz gin-soaked sloes  
450ml or 16fl oz dry sherry or brandy  
75g or 3oz sugar

- Put the sloes into a bottle and add the sugar then fill the bottle with sherry or brandy and screw down tightly. Give the bottle a good shake.
- Continue shaking daily until the sugar has dissolved and leave to stand for about a month, and it is ready to drink.

### CHOCOLATE SLOES

175g or 6oz gin-soaked sloes  
225g or 8oz plain chocolate  
Rice paper

- Chop the flesh of the fruit. Melt the plain chocolate and mix in the chopped fruit. As a variation add chopped cob-nuts to the mixture.
- Let the mix set on the rice paper and then cut it into squares.

### FUNGI

There are more than 10,000 species of fungi that grow in the British Isles, on the dead remains of plants and animals, or as parasites on living organisms. They range in size from pinhead moulds, which grow on bread and other food, to the giant puffball, which can be as big as a football.

The part of the fungus seen above ground – the mushroom or toadstool – is the fruit. The main structure of the fungus consists a mass of threads running through the soil. Of the many varieties of fungus, some are edible, some are inedible and some are poisonous. **No fungus should be eaten unless it has been positively identified as edible.**

### FIELD MUSHROOM

The field mushroom, *Agaricus campestris*, with its white cap and purple brown gills is most prolific in autumn, when rain falls on a warm soil. They grow in pastures, but are less plentiful than in the days when more horses were kept, as they flourish where horse manure enriches the soil.

### STUFFED MUSHROOMS

6 large cup mushrooms	40g or 1½oz fresh breadcrumbs
2 sticks celery	30ml or 2tbsp chopped fresh
½ small onion	parsley
25g or 1oz walnuts	15ml or 1tbsp lemon juice
40g or 1½oz butter	1 egg, beaten
Salt and pepper	50ml or 3tbsp chicken stock

- Wipe the mushrooms and pull out the stalks. Chop the stalks finely with the celery, onion and walnuts.
- Heat the butter in a frying pan. Lightly brown the rounded side of the mushrooms, then put them side by side in an ovenproof dish.
- Quickly fry the chopped mushroom stalks, celery, onion and walnuts for 2-3 minutes.
- Remove from the heat and stir in the breadcrumbs, parsley, lemon juice and seasoning, then bind together with the egg.
- Spoon the mixture into the mushroom caps. Sprinkle a little cheese over each and bake at 180°C for 20-25 minutes.

*If any readers have any interesting seasonal recipes, tips or ideas for other uses for nature's produce for the coming issues please send them in via the CT Box in the Post Office or e-mail: [naylandcc@yahoo.co.uk](mailto:naylandcc@yahoo.co.uk).*



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**On 6th October 2004 there will be a Rukba Week Coffee Morning at Holts, Little Horkesley.**

**Rukba have launched a new guide called 60 Wise!** – Your essential guide to enjoying an independent life in later years. The guide is packed with details about the many different sources of help that are available – who to contact and what you can expect to get from them. Apply via their Website, **[www.rukba.org.uk](http://www.rukba.org.uk)** to receive your **FREE** copy of the **60-Wise!** booklet. Alternatively ring **08457 585680**.



## Wildlife Corner

October is the month of harvest festivals, the month when the bounty of the land is being reaped, and when people and wildlife begin to prepare for winter. As the nights become longer than the days there can be no doubt that Autumn has arrived – late butterflies bask on walls in the weak sunlight, the landscape becomes smothered by drifts of vibrantly coloured leaves, and the ripe fruits fall to the ground.

Many creatures remain active throughout winter, living on whatever food they can find, but others go into hibernation, shutting down until the arrival of spring. Both survival techniques require careful preparation. Squirrels bury their nuts as an insurance against leaner times, while hedgehogs build themselves up before hibernation.

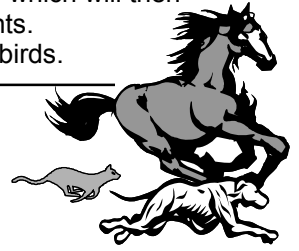
The hedgehog must accumulate body fat to be drawn upon during the long months of rest. During hibernation their body temperature will fall almost to that of their surroundings, and body functions of respiration, heartbeat and digestion slow down so that minimum energy is used.

If hedgehogs visit your garden they provide excellent slug control so give them a helping hand to prepare for winter – but NOT by providing bread and milk. Dog or cat food, or a commercial hedgehog food is ideal – this contains dried meat, insects, berries and nuts. Fresh water should also be available.

If you are concerned that hedgehogs are infested with fleas, these are entirely specific to the hedgehog and will not cross infect your dog, cat, child, or anything else.

While the hedgehogs are establishing their winter sites humans impose another danger to them – bonfires. To avoid barbecuing hibernating hedgehogs, or other animals, check your bonfires before lighting them. They may also be in log stacks, piles of leaves or compost heaps.

Birds will have finished nesting so this is an ideal opportunity to clean out nest boxes, which will then provide roosting places on cold nights. Provide oil rich foods and water for birds.



This leads on to the subject of Guy Fawkes Night. While fireworks can be great fun for humans they are extremely distressing for animals; wild, farm or domestic.

Most people enjoy fireworks, including those with animals, and will not wish to spoil the enjoyment fireworks bring. The biggest problems are those of not always knowing when fireworks are going to be let off, and the loud noise from the fireworks.

Organised displays are usually well advertised, such as the Nayland Bonfire Night, and this allows owners of animals the chance to obtain tranquillising drugs from their vet. Knowing the time of the firework display allows these to be administered at the right time to minimise the animal's trauma – obviously once the fireworks have begun it is too late.

To witness a severely distressed animal is an unforgettable experience: they tremble and pant profusely; cower in corners or crevices and try to dig their way out (even if there is a carpeted wooden or concrete floor); if confined they continuously pace about, or space allowing they will charge about blindly.

The new legislation that fireworks are not permitted after 11pm does not alleviate the distress and suffering to animals. So please consider buying the less noisy fireworks, and inform as many people as possible of your display. Remember the Community Times reaches as far as the noise of your fireworks – so why not advertise a free warning notice with us.

## 'BE FAIR WITH FIREWORKS'

*Babergh District Council is launching an information campaign aimed at reducing the problem caused by the inappropriate use of fireworks.*

"Fireworks are no longer restricted to November 5<sup>th</sup> and New Years Eve. Many people have fireworks throughout the year to celebrate birthdays, weddings and other special occasions. Yet fireworks can frighten both people, especially the elderly or young, and animals. In fact animals can be literally scared to death. Startled animals have been injured or killed whilst bolting to escape the noise. Equally, frightened domestic pets may become vicious and destructive" explained Heather Worton, Babergh's Technical Officer (Residential).

To minimise the amount of distress and suffering caused by unexpected firework noises, Babergh has launched a seven-point plan to encourage us all to be 'fair with fireworks' by reducing their impact:

- Inform neighbours that you plan to have a firework display
- Avoid buying really noisy ones.
- Make sure pets and other animals are safely away from fireworks.
- Ensure the noise is over by 11pm at the latest.
- Let off fireworks in an open garden area in accordance with the manufacturers safety guidance- noise bounces off buildings and smoke and pollution builds up in enclosed spaces.
- If a neighbour complains that you are disturbing them, their pets or livestock be considerate
- After your display, and when safe to do so, clear up firework debris and dispose of safely.

Heather Worton went onto explain that 'fireworks do not have to be ear splitting to be fun. It is possible to enjoy them

safely and without causing annoyance to neighbours. The Fireworks Act 2003, which became law in September 2003, aims to reduce noise, nuisance and injuries caused by fireworks". "Furthermore, if Babergh believes that noise from a firework display is a statutory nuisance under the 1990 Environmental Protection Act 1990, it will consider issuing an abatement order".

### AUTUMN BONFIRES:

Babergh DC suggests, if you must have a bonfire, don't cause a nuisance to your neighbours. It is mistakenly thought that the evening is the best time for a bonfire - wrong, the atmospheric pressure keeps the smoke down. Also, don't light them while the weather is still and cold.

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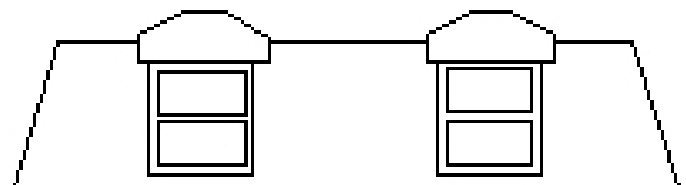
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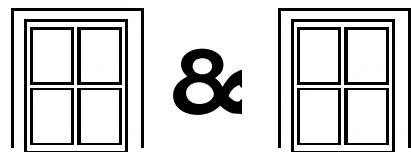
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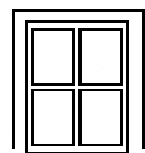
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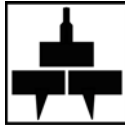
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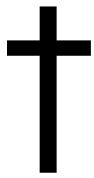
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**CHURCH SERVICES: OCTOBER & NOVEMBER 2004**

<u>St. James Nayland</u>			<u>St. Mary's Wiston</u>
<u>October 3<sup>rd</sup></u>	8.00am	Holy Communion	
<u>Trinity 17</u>	9.45am	<b>Matins &amp; Holy Communion</b>	<b>5.30pm HARVEST Songs of Praise</b>
<u>October 10<sup>th</sup></u>	8.00am	Holy Communion	
<u>Trinity 18</u>	9.45am	<b>Parish Communion</b>	11.15am Holy Communion & Baptism
<u>October 17<sup>th</sup></u>	8.00am	Holy Communion	
<u>Trinity 19</u>	9.45am	Family Communion	
	6.30pm	Evensong	
<u>October 24<sup>th</sup></u>	8.00am	Holy Communion	
<u>Bible Sunday</u>	9.45am	Parish Communion	11.15am Holy Communion
	6.30pm	Service for Wholeness & Healing	
<u>October 31<sup>st</sup></u>	8.00am	Holy Communion	<b>CLOCKS BACK</b>
<u>All Saints</u>	9.45am	Parish Communion	<b>6.30pm Service for All Souls</b>
<u>November 7<sup>th</sup></u>	8.00am	Holy Communion	
<u>3 before Advent</u>	9.45am	Matins & Holy Communion	6.30pm Evensong
<u>November 14<sup>th</sup></u>	8.00am	Holy Communion	
<u>REMEMBRANCE</u>	10.50am	Remembrance Service	10.00am Remembrance Service
<u>SUNDAY</u>			
<u>November 21<sup>st</sup></u>	8.00am	Holy Communion	
<u>Christ the King</u>	9.45am	NSPCC TOY SERVICE Family Communion and Baptism	
	6.30pm	<b>Confirmation</b>	
<u>November 28<sup>th</sup></u>	8.00am	Holy Communion	
<u>ADVENT SUN-</u>	9.45am	Parish Communion	11.15am Holy Communion
<u>DAY</u>	6.30pm	Advent Carols and Music with Nayland Choir	
<u>December 5<sup>th</sup></u>	8.00am	Holy Communion	
<u>Advent 2</u>	9.45am	Matins & Holy Communion	6.30pm Evensong

**Weekday Services**

Parkers Way	3pm	Weds Oct 6 <sup>th</sup> (Harvest), Nov 3 <sup>rd</sup> , Dec 1st
Midweek Communion	10.00 am	St. James Weds Oct 6 <sup>th</sup> , 13 <sup>th</sup> , 27 <sup>th</sup> , Nov 3 <sup>rd</sup> , 10 <sup>th</sup> , 24 <sup>th</sup> , Dec 1st
Every Weds	10.45am	Nayland House
5 Parishes Communion	10am	Weds Oct 20 <sup>th</sup> in <b>Nayland</b> , Nov 17 <sup>th</sup> in <b>Leavenheath</b>
Pram & Toddler Service	Thurs 2.30pm	Oct 7 <sup>th</sup> & 21 <sup>st</sup> , Nov 11 <sup>th</sup> & 25 <sup>th</sup>
Bible Study	Mons 7.30	18 Laburnum Way, Oct 4 <sup>th</sup> & 18 <sup>th</sup> , Nov. 1 <sup>st</sup> & 15 <sup>th</sup>
SAMS Prayer Meeting	Mon 7.30	18 Laburnum Way, Nov. 8 <sup>th</sup>

**Other Dates**

Saturday Oct 2 <sup>nd</sup>	10 – 12	<b>HYMN SING</b> in St. James Church
Saturdays Oct 16 <sup>th</sup> & Nov. 20 <sup>th</sup>	10 – 11+	<b>Family Communion Workshop</b> for children 5 up
Saturday Oct 16 <sup>th</sup>		Jamboree in Carver's Barn & Traidcraft Sale in Church Hall
Saturday Oct 23 <sup>rd</sup>	9am>>	Churchyard Working Party

**St. James' History Booklet**

The St. James' History booklet, produced in full colour, is now available in the Church and at Nayland Post Office, price £2. This is a most interesting publication which gives a thorough insight into the fascinating history of this 12th Century Church. Also available at the same outlets are a series of postcards with both internal and external views of the Church, price 30p each.



## A Great Cloud of Witnesses

As the nights draw in, we come once more to the season of remembrance. On October 31<sup>st</sup> at 8am and 9.45am in St. James' church we will be celebrating the feast of All Saints, when traditionally we remember that great cloud of witnesses who cheer us on in our Christian life. That is not just the saints from stained glass windows, but the ordinary everyday people who have kept the faith in every generation, and handed it on to us.

Then at 6.30pm on the 31<sup>st</sup>, in Wiston church we will be remembering All Souls. This is traditionally a more personal and reflective service when we remember those who have died who are especially dear to us. During the service we will mention all those in our parishes who have died during the previous year, together with any others you would like included. For this purpose there will be lists in both churches. Please enter clearly the names of your loved ones and we will include them, whether or not you are able to attend the service.

Then, of course, on November 14<sup>th</sup>, Remembrance Sunday, we will give thanks specifically for those who have given their lives in the service of their country, and pledge ourselves never to forget their sacrifice and to carry on the work they began of fighting for freedom and peace in our world.

It is good for us to remember and to give thanks for the examples that others have set us. They are our witnesses, our encouragement that in this world there are many good things worth cherishing and fighting for. Our efforts too will not be wasted.

*Kit Gray*

P.S. May I take this opportunity of giving thanks for the work of 3 people who have recently left the villages. Tudor & Jill Sprinks have moved from Nayland and Mavis McKechnie from Wiston. They have all three served the villages and the churches in many different ways over the years and they will be greatly missed. Typically they did not want any fuss or 'send-off'. However we hope to see Mavis popping back from time to time.

## NSPCC TOY SERVICE

At the **9.45am Family Service on 21st November**  
in **St. James' Church**

The cash collection and gifts of toys will support the work of the  
**NSPCC CHILD PROTECTION UNIT (IPSWICH)**

Toys specially requested this year are:

Paints and Art and Craft Kits • Gel Pens • Colouring Books  
Board Games (NOT Jigsaws) • Small Toy Cars • Educational Toys

*But please no fluffy animals or soft toys*

**Please come and support this very worthwhile cause**

If you are unable to attend the service, gifts & donations may be left in St. James'



## CHURCHYARD AUTUMN WORKING PARTY

Will take place on **Saturday 23rd October**

**9am – 12 noon**

**All ages are most welcome to help with light pruning & raking**

**PLEASE BRING GLOVES, SECATEURS, RAKES,  
WHEELBARROWS, ETC**

For more information contact James Carver: 262970



THE FRIENDS OF ST. JAMES'  
CHURCH

# ANNUAL JAMboree

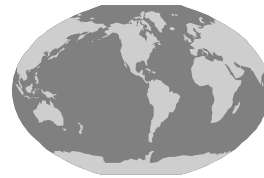
Saturday 16th October

at 10am



Carver's Barn, Mill Street

JAM  
MARMALADE  
CHUTNEY  
FRUIT JELLIES  
IN LOTS OF SIZES  
AND VARIETIES!  
AND ALL HOME MADE!



# ANNUAL TEARCRAFT & TRAIDCRAFT

**COFFEE MORNING & SALE  
OF FAIRLY TRADED GOODS**

Saturday 16<sup>th</sup> October

10 – 12 noon

Church Hall, Bear Street, Nayland

As usual goods for sale will include textiles and jewellery, brassware and woodcrafts; the wholefoods include rice, sugar, dried fruit and CHOCOLATE!

Cards will also be on sale.

You might even find some suitable Christmas gifts .....

Come and browse after you have been to the Jamboree in Carver's Barn .....

We'll be serving fairly traded tea, coffee and biscuits – and very good they are too!

Rita Dibble (262580) on behalf of St. James' PCC



# MENCAP COFFEE MORNING & Christmas Card Sale

Wednesday 13<sup>th</sup> October

Church Hall, Bear Street

10am – 12 noon

Christmas Cards, Gifts, Raffle, etc



Prostate Research  
Campaign UK

Fighting all prostate diseases  
through research and informa-

# PROSTATE RESEARCH CAMPAIGN UK

10 Northfields Prospect, Putney Bridge Road, London, SW18 1PE

Tel: 020 8877 5840 - Fax: 020 8877 2609

Email: [info@prostate-research.org.uk](mailto:info@prostate-research.org.uk)

Web: [www.prostate-research.org.uk](http://www.prostate-research.org.uk)

**Prostate Research Campaign UK** fights all forms of prostate disease, whether malignant or benign, through medical research and information to the public. The charity is committed to raising awareness amongst men and women of the signs of prostate disease and the importance and benefits to men of seeking early advice and treatments. We publish the acclaimed book *The Prostate: small gland big problem* and the regular newsletter *UPDATE* to keep patients informed.

Three other charities are also helping spread the *Ignorance Isn't Bliss* message:

- **Help the Aged**, which funds and offers a range of quality services to older people, ensuring greater independence and peace of mind, both inside and outside the home. For further information, please go to [www.helptheaged.org.uk](http://www.helptheaged.org.uk).
- **The Cancer Resource Centre**, which helps anyone who has been affected by cancer, including not just those who have cancer but also those who have a family member or friend with the disease. For further information please go to [www.cancer-resource-centre.org.uk](http://www.cancer-resource-centre.org.uk).
- **The Haven Trust**, which is committed to providing a network of drop-in centres offering support for breast cancer patients, their families and friends. For further information, please go to [www.thehaventrust.org.uk](http://www.thehaventrust.org.uk).



## The Village Lunch

**Wednesday 20th October 2004**

at the Village Hall

Please arrive by 11.45 am

Our speaker is Linda Scholes who will deliver a humorous tale of:

## An American's Life in a Suffolk Village

Tickets: £7.50 from Nayland Post Office

THE ROYAL BRITISH  
**LEGION**



## POPPY APPEAL

**Coffee Morning**

**Saturday 30th October**

**10am – 12noon**

**Church Hall**

Items for sale and Raffle Prizes  
would be welcome



# AMG

SOLUTIONS.

## Professional Window Cleaners

- Large property specialists
- Commercial contracts undertaken
- Fully Insured
- References Available

AMG professional window cleaners operate a regular monthly round in the Nayland area; we have had very positive feedback from our current customers and have been informed that there is continuing demand for a regular and professional service in the area.

In response to this we are now freeing up some additional days in our round to meet this demand.

If you require our services please feel free to call one of the numbers below for a friendly chat and advice. We can arrange an appointment at your convenience to assess your needs and quote for the work.

We are fully insured and are happy to provide local references.

**Phone: 01787 378785    Mobile: 07971 806201    Email: [info@amg-solutions.co.uk](mailto:info@amg-solutions.co.uk)**

## NAYLAND SURGERY NEWSLETTER

### SEPTEMBER 2004

#### TWENTY EIGHT DAY PRESCRIBING

From September the practice is changing to issuing prescriptions for one month's supply of medicines at a time only. Until now some of you will have been receiving prescriptions for two or three months' supply at a time at the doctor's discretion. There will be certain exceptions, notably prescriptions for the contraceptive pill and hormone replacement therapy, and, of course we will do our best to help if you need extended cover for holidays etc.

Monthly prescribing is strongly recommended by the department of health and by our local pharmacy advisers and there are a number of good reasons for it:

- It reduces the risk of confusion caused by giving multiple one month medication packs each labelled with the same dosing instructions.
- More frequent contact with the dispenser or community pharmacist gives increased opportunity for medication problems or possible side effects to be discussed.
- It makes it easier to co-ordinate repeat prescribing without waste when frequent dose or drug changes are made and patient is taking multiple medicines.
- It is an unfortunate fact that millions of pounds of NHS money are wasted because dispensed medications are not actually swallowed by the patient! Studies have shown that monthly prescribing helps to reduce this waste.
- Where patients are not exempt from prescription charges it is unfair if we give some people only one month's supply at a time while others are given two or three months' worth, as the £6-40 prescription charge is per item and not per month.

This does not mean that you will need to see the doctor or nurse any more often, simply that you will need to remember to arrange with the surgery to get a prescription once a month. We will tell you when you are due to come in for a medication review. And we are looking at ways of making ordering and collecting repeat prescriptions easier.

Remember that if you are **not** exempt from prescription charges, and regularly require more than five prescription items in four months or more than fourteen in twelve months, it will be cheaper for you to get a Pre-Payment Certificate than to pay a prescription charge for every item.

**David Bateman** 12/09/2004

## THE HARVEST AUCTION

LOCALS and visitors gathered at the Anchor Inn, Nayland, for the pub's traditional harvest service and auction.

A short service with harvest hymns, conducted by Nayland's priest-in-charge, the Rev Kit Gray, was followed by an auction of produce led by Colin Bray and Hector Bunting.

Gifts from individuals and firms ranged from half-a-dozen eggs to boxes of wine and vegetables. Highest bid was £30 for a box of mixed cheeses.

The auction raised £251 which will be divided between St James' Church and the Shelley Centre for Therapeutic Riding.

*Friends of St. Mary's Church, Wiston*

## Schubert Visits Wiston



courtesy of



**Ellie Reeves (flute) & Jo Storey (piano)**

## Concert & Canapés

*Programme also includes works by  
Karg-Elert, Janacek, Prokofiev*

**Saturday 20<sup>th</sup> November 2004**

**6.00pm**

**St Mary's Church, Wiston**

**After the concert:**

Sparkling Wine & Canapés at Wiston Hall

**Tickets £12**

**Contact:** Caroline Ross-Stewart on 01206 263701

## ADULT COMMUNITY COLLEGE COLCHESTER

Grey Friars  
High Street  
(top of East Hill,  
opposite Bus Station)  
Tel: 01206 542242

**www.grey-friars-college.co.uk**  
E-mail: grey.friars.college@essexcc.gov.uk

Wilson Marriage Centre  
Barrack Street  
(top of Hythe Hill)  
Tel: 01206 798488

**Adult Learning – It's never too late for adults to learn**

Courses start all through the year. As well as hundreds of evening classes there are: Daytime classes with childcare, Saturday classes and Day Schools, Short courses, Intensive courses, Drop-in IT Centre, and Summer School.

**Fees:** Fees payable may be reduced depending upon personal circumstances, such as: for people over 60 not in full-time

work OR for those currently in receipt of Job Seeker's Allowance or a means-tested benefit (Income Support, Working Families' Tax Credit, Housing/Council Tax Benefit, Disabled Person's Tax Credit) and their dependants. For those in receipt of other benefits, please ask about assistance available.

- **Art & Design** – Including: Life Drawing, Watercolour, Oil Painting, Sculpture to Photography or Digital Imaging.
- **Crafts** – Including: Embroidery, Cake Decorating, Upholstery, Flower Arranging to Stained Glass, Woodwork, or Bricklaying.
- **Health, Fitness & Sport** – Including: Beauty, Complementary Therapies, Dance, Fitness, Swimming, Sports and Games to First Aid.
- **Humanities & General Interest** – Archaeology, Drama, Creative Writing, History, Music, to Religious Studies or Teaching Awards.
- **Languages** – Including: Arabic, Russian, Chinese to French or Spanish
- **IT, Business & Office Skills** – Including: Internet for Grandparents to European Computer Driving Licence or Computerised Accounts
- **Personal & Social Development** – Including: Speaking with confidence, Asserting Yourself, Counselling Skills to Health & Safety.
- **Teacher Training** – Share your expertise in craft or an academic subject - gain qualifications in teaching adults.



# THE HIGH STREET TROUGH

A focal point of Nayland's High Street is the distinctive eighteenth century milestone and the later stone trough next to it. Most people have probably at some time stopped to read the inscription on the front of the trough which tells us that it was erected to commemorate the coronation of George V in 1911, but there is a lot more history than this attached to it.

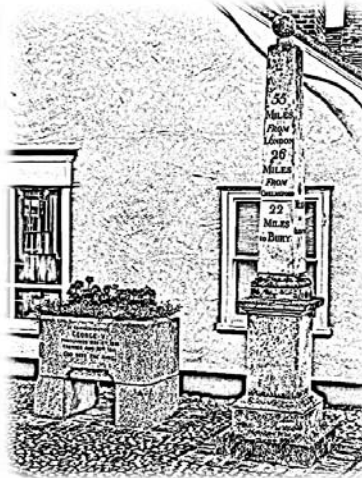
In 1990 the Parish Council minute book recorded that Professor G.D. Living of Cambridge, who owned land to the north of the village, had provided Nayland with the generous gift of a water supply: "to provide a supply of wholesome water for the benefit of the inhabitants of Nayland". Mr. Deaves, the local builder, laid the pipes to convey the water from the spring down to the village and installed a fountain in Bear Street opposite Parkers Way. Not long after this Mr. Deaves received instructions from Professor Living to erect two more fountains, one at the Perry Farm in Birch Street and one against the "obelisk" in Court Street [High Street was earlier a continuation of Court Street]. This water supply must have been a very welcome supplement to the wells which residents at the time shared with their neighbours.

In 1906 the Professor magnanimously decided to convey to the Parish Council, "the property in the well head, settling tank and pipes, and also a right of way over my land at reasonable times and with the least possible injury to growing crops for the purpose of cleaning and repairing well head, tank and pipes". The conveyance included a map showing the position of the well, the tank and where the pipes were laid but this seems to have been lost over the years. What happened to the land conveyed to the Parish Council? I have found no record of it.

An iron trough was originally installed next to the obelisk, and it was recorded that as part of the celebrations for the coronation of King George V on the 22<sup>nd</sup> June 1911 the Council decided to replace the iron trough in Court Street with one of stone. The invoice from L.J. Watts Ltd. Of Colchester, showed that the cost of providing and engraving the stone trough was £20.11s.0d.

The Coronation Committee of the Parish Council decided to add a brass plate to the stone trough with the inscription: "The water which supplies this and other fountains in Nayland was the generous gift of Professor Living to commemorate the coronation of His Majesty Edward VII, 1902". What happened to this plaque we shall probably never know, and it is a pity that the Professor's generous act seems not to have been acknowledged in any other way and few people know of it. However, Nayland's older residents used to talk about their water coming from the "Green Hills" above the village, presumably the Professor's land. Eventually, of course, mains water was installed in Nayland in the 1930s.

These days the trough stands full of flowers throughout the year but for many years it would have been full of water and in constant use by residents and passing horses. For a time it languished in the garden of Alston Court where it had been taken for safety after being damaged in the street. It was rescued in the 1970s and put back in its rightful place. A few years ago the trough and milestone were restored by the Parish Council, and at the same time the Conservation Society paid for the trough to be moved from its earlier position in front of the milestone to the side so that it is possible to see the milestone as originally intended. It was appropriate that L.J. Watts who had supplied and erected the trough in 1911 carried out the restoration and move.



*Wendy Sparrow*



**Want to see improvements to your local environment?**

**But don't know how to go about it.  
Want to find out what other local people  
have achieved in the Stour valley?**



Then come along to an evening run by the Dedham Vale and Stour Valley Countryside Project, who can help you with ideas of how to conserve, promote or interpret your local environment and heritage!



The evening will: -

- Provide you with ideas for possible projects and how to involve the local community
- Suggest ways in which the Dedham Vale and Stour Valley Countryside Project can help you, including where to access grant funding.
- Local people will describe how they have benefited from working with the Project Team
- Suggest ways to initiate a community project
- Provide an opportunity to discuss ideas with Project staff over a glass of local wine and refreshments.

We have a wide range of experience, which includes creating new village greens, overseeing archaeological investigations, designing village footpath guides and information boards.

The evening will be held on: **Thursday 11<sup>th</sup> November**  
from 7.30 p.m. – 9.30 p.m. at The Granary, Quay Lane, Sudbury

To book a place or get further information please contact the Project team on **01473 583176** or [dedhamvale.project@et.suffolccc.gov.uk](mailto:dedhamvale.project@et.suffolccc.gov.uk).

If you are unable to attend but would like to discuss an idea you think we could assist with please get in touch.

**[www.dedhamvalestourvalley.org.uk](http://www.dedhamvalestourvalley.org.uk)**



# THE STOKE BY NAYLAND HOTEL

invite you to join them for a

## SPECTACULARLY SPOOKY

# Halloween

## BALL




on

### SATURDAY 30TH OCTOBER

7.30 - 12.30

(stay 'til after Midnight if you dare!!)

£20 per ticket (£18 members)

### Dancing to live band 'Fat Old Dad'

Witches, ghouls, ghosties, long legged  
beasties, pumpkins and everything  
hallowe'en will be allowed entry - otherwise  
be prepared for the consequences!

Two  
course  
hot fork  
buffet supper  
prepared by  
our Executive Chef!  
Eat it and weep!



Book early to avoid disappointment!  
Call Debbie on 01206 265818 or Natasha on 01206 265837 or E-mail: [sales@stokebynayland.com](mailto:sales@stokebynayland.com)

















## Delia Dines at the Stoke by Nayland Ho-



Executive Chef Nigel Taverner, Delia Smith & Hotel Director, Tamara Unwin

Delia Smith, Celebrity Chef and Director of Norwich City Football Club, enjoyed some of the delicious fayre prepared by Executive Head Chef, Nigel Taverner at The Stoke by Nayland Hotel this week.

Delia was the celebrity guest at the Colchester United sponsors' lunch which was held in the Hotel's magnificent Devora Suite overlooking the lake and Constable Country. After what Delia herself called "a most delicious lunch" she answered guests' questions and was quick to point out that she was looking forward to a Premiership season with Norwich City.

Richard Scudamore, Chairman of the Premier League, delivered a passionate speech about the success of football clubs in the lower divisions and the wonderful loyalty they attract from local supporters. He was followed by Mr Peter Heard, Chairman of Colchester FC who introduced Delia after thanking all Colchester United's sponsors.

Head Chef Nigel said "This lunch has provided a rather different challenge and one that I have enjoyed immensely. I designed a menu around the supply of fresh local produce, and indeed the berry fruit in the pavlova comes directly from the Hotel's own farms."

## Open Weekend for Newly Extended Peake Fit- ness



Picture of the new exotic Hamam treatment room at Peake Spa featuring the luxurious hot stone massage bed

The exciting new expansion of Peake Fitness Health Club and Spa at The Stoke by Nayland Club has just been completed after several months of construction work. The new extension includes a large, 104 sq.m. air-conditioned aerobics studio overlooking the lake and 9<sup>th</sup> fairway which will offer an extensive range of fitness classes such as dance, pilates, yoga, body balance, karate, Thai-bo and many more.

There are also new, exotic Spa treatment areas: a Rasoul for a unique, relaxing mud detox in aromatherapy steam and a Hamam room with a hot stone massage bed for the most luxurious body treatments imaginable. The indoor pool relaxation area has also been extended out towards the sun terrace and features an amazing "Concept Shower" giving a tropical or ice cold deluge of water.

Existing facilities include an 18m indoor pool, sauna, Jacuzzi and steam room, air-conditioned Technogym gymnasium, solarium, sports and beauty therapies, and one-to-one fitness training.

# OPEN WEEKEND

**SATURDAY 16th & SUNDAY 17th OCTOBER**

**10am - 4pm**

## ALL WELCOME!

Come and see our superb facilities - now including our newly extended areas:

### LARGE AEROBICS STUDIO

New, air-conditioned, 104 sq.m. aerobics studio with fabulous views across the 9th fairway and the lake. Classes will include: Pilates, Yoga, Karate, Tai Chi, Modern Dance (disco, freestyle etc.) Aerobics, Step, Thai-Bo (kick boxing), Body Balance, Circuit Training and many more.

### EXOTIC SPA TREATMENT AREAS

#### HAMAM

The most amazing body treatments you'll ever experience! Lay on our 'hot stone' bed and enjoy a luxurious warm soap massage, an invigorating, exfoliating treatment or a Chardonnay Wine Wrap to nourish and condition your skin.

#### RASOUL

Indulge in the totally exotic with a deep cleansing, warm mud treatment. Originally devised by the ancient Egyptians this unbelievably decadent experience of warm, exfoliating muds and herbal steam will leave your skin feeling refreshed, tingly clean and very, very soft!

#### CONCEPT SHOWER

Follow your exotic mud and steam treatment with a shower ceremony. Our Concept Shower washes away the mud with a tropical rain shower and/or ice jets before a gentle period of relaxation to complete your exfoliating experience.

#### The Excellent Facilities also include:

- 18m. indoor pool with lifeguard
- Sauna, steam room and jacuzzi
- State-of-the-art air-conditioned gymnasium
- Solarium
- Sports and beauty therapies
- Wide range of fitness classes
- Squash court
- Peake's Bistro

#### SPA DAYS ARE OUR SPECIALITY!



Please ring us on 01206 265820 for details about membership or call in for a guided tour. (We're on the B1068, off A134 at Leavenheath, between Sudbury & Colchester.)

**NO JOINING FEE IF YOU BECOME A MEMBER DURING  
THE OPEN WEEKEND - A SAVING OF £100!!**

Peake Fitness at The Stoke by Nayland Hotel, Keepers Lane, Leavenheath, Colchester, Essex. CO6 4PZ  
Telephone: 01206 265820 Fax: 01206 263356 E-Mail: [peakefitness@stokebynayland.com](mailto:peakefitness@stokebynayland.com)

*Carefore Homes Limited*

---

## Nayland House

Off Bear Street (adjacent to St. James' Vicarage), Nayland, Suffolk, CO6 4LA

### Residential Care Home for the Elderly

Specialising in:  
24 hour Care  
Convalescence  
Respite & long-term care

For more information contact  
Matron: Mrs Tania Martin

**Tel: 01206 263199**



£89

**Leather Executive Chair  
Special Offer New!**

## OFFICE NEEDS

We have access to a vast range of office products,  
available the next working day.

If your printer uses ink cartridges, we can supply  
them at commercial prices!

**Ring us for a price!**

**Tel: 01206 262272**

**[www.office-needs.co.uk](http://www.office-needs.co.uk)**

## Electric Automatic Paper Shredders only

**We Supply the Public! Office Products at Commercial prices!**

**3 The Studio, Harpers Hill, Nayland**





# NEWS FROM THE WHITE HART INN FOR AUTUMN 2004.....

—INN—

*"an Inn in the heart of Constable country"*

**SAD & GOOD NEWS...** The White Hart Inn is losing a very special member of staff. You all know him by now, as Fredo (short for Frederic) has been with us for nearly 3 years, after he came back from a break in Australia with Rachel his fiancée. He has now decided it's time to move on and will be leaving on October 10<sup>th</sup>, 2004 to work in a very good restaurant in Bath !! We are very happy for him but sad to see him leave. He has become part of the family and we shall miss him very much and wish him all the luck in the world for this new venture.

Isabelle, our young girl from Belgium who has been with us for over a year will step into his shoes and we will all be there to support Isabelle in her new position of Assistant Manager.

**LUNCH MENU...**our fortnightly changing Menu Rapide is back for lunch and still at a great value for money !!

2-course £9.95 or 3-course £12.95.

Also available is our selection from our "a la carte":

All starters at £4.50, main courses at £9.90 & desserts at £4.50.

If you fancy a lighter option why not try our Bar Snacks which include a selection of salads such as our warm salad of curried chicken breast with red pepper dressing & mango chutney or may be you just fancy a sandwich so try our famous "Minute steak" country bread sandwich filled with spinach, flat mushrooms & topped with a duck egg & sauce Mornay and plenty more other choices will be available....

**AUTUMN "A LA CARTE"**...with the new season comes our new A la Carte.

As from the end of September, we will propose exciting dishes such as Black Pudding of seasonal game with bacon stuffed cabbage & elderberry compote, Roast Turbot with Jerusalem artichokes & red wine sauce, succulent Saddle of Lamb en croûte with mushroom Duxelle, creamed spinach with a brandy sauce, all complemented on a regular basis by a wide selection of dishes using local seasonal game...

and not to forget the sweet tooth, indulge your self in a mouth-watering crispy Millefeuille of dark chocolate & praline mousse with honey sauce or our classic Tarte Tatin with caramel ice cream ...

**AFTERNOON TEAS...**the good attendance of our first tea session earlier this month & the comments of daughter "Marion" after sampling Carl's homemade scones with clotted cream & strawberry preserve, by these simple words "...these scones are so good ..to die for...!" have persuaded us to renew the experience every Wednesday as from 3.30pm till 5.30pm starting this October in our garden room.

The FULL MONTY TEA for £7.50...that cannot be missed....!

**SUNDAY NIGHT...**Sunday night "PIZZA" at The White Hart Inn during the Summer has been quite popular so why not extend it all year...?

Available every Sunday as from 4.00pm combined with our bar snack selection, so, if you don't fancy cooking on Sunday night just pop in for a PIZZA by the open fire !!

**CHRISTMAS PARTIES...**it is never too early to talk about Christmas ...we have already started taking bookings for private parties in December. If you want to celebrate the festive season with family and friends or an office party, feel free to call us !.

COME TO...

...THE WHITE HART INN...

..... SOMETHING A BIT DIFFERENT...

THE WHITE HART INN  
11 High Street  
Nayland, Nr. Colchester  
Suffolk CO6 4JF

Reservations: 01206 263382  
Accounts: 01206 263655  
Fax: 01206 263638  
E-mail: Nayhart@aol.com

Website: [www.whitehart-nayland.co.uk](http://www.whitehart-nayland.co.uk)

## LOCAL INFORMATION

Mobile Library  
Post Office  
Doctors Surgery  
Parkers Way  
Primary School  
Nayland Playgroup  
Village Hall  
Church Hall  
www.naylandandwiston.net

Nayland Priest  
Friends of St. James Church  
Friends of St. Mary's Church  
St James Choir  
Nayland Choir

Royal British Legion  
Royal British Legion (Women's Sec)  
Womens Institute  
Over 60's Club  
Bowls Club  
Nayland Art Club  
Horticultural Society  
Harpers Hill Wildlife Site  
Conservation Society  
Scouts & Cubs  
Nayland Youth Club  
Village Players

Chambers Buses  
Local Police  
Babergh District Council

High Street (op Post Office) alternate Sats 10am–11.15am, Weds Parkers Way 2.15–2.55pm  
High Street Tel: 262210 Early Closing on Wednesday  
93 Bear Street Tel: 262202 (out of hours 01206-578070)  
Scheme Manager: Ruth Nash, 10 Parkers Way Tel: 262516  
Head Teacher – Raegen Delaney Tel: 262348  
Mrs Tricia Hall Tel: 262639  
Bookings: Mrs D Whiting 262023 Caretaker: Mrs Y. Spooner 262691  
Bookings: Mrs Eva Rolfe Tel: 263151  
Graham Griffiths Tel: 262132 e-mail: webmaster@naylandandwiston.net

Revd Kit Gray Tel: 262316 St James Vicarage, Bear Street, CO6 4LA  
Chair: Alan Edwards Tel: 262800  
Sec: Carol Wright Tel: 263657  
James Finch, Tel 262993 - practice Friday evening, 7.00pm  
Sec: Peter Roberts Tel: 323586

Hon Sec. Mr Andrew Gowen Tel: 262534  
Kath Hunt Tel: 262014 – 2nd Monday each month Church Hall 7.30pm  
Mrs Sue Gowen Tel: 262534 – 3rd Monday each month  
Mrs Eva Rolfe Tel: 263151 – 2nd Thursday each month  
Mrs Eva Rolfe Tel: 263151  
Daphne Berry 262641 Liz Thorne 262664 - Wednesdays 2-4pm (from Sept)  
Mrs Joan Moore Tel: 262721  
Mrs Joan Moore Tel: 262721  
Hon Sec Andora Carver Tel: 262970 Chair: Mr. J Alexander Tel: 262676  
Mr M Macbeth Tel: 262348 – Thursdays 7pm Sec: Claire Prescott Tel: 263344  
Mark Moore Leader, Tel: 01787 310582 Tuesdays 7-9pm  
Chair: Lindsay Nieuwenhuis 271261 Sec: Jim Bond 01787 211264

Tel: 01787 227233 Website: www.chamberscoaches.co.uk  
Hadleigh Tel: 01473 383430  
Tel: 01473 822801 (Main Switchboard) Corks Lane, Hadleigh, IP7 6SJ www.babergh.gov.uk

### PARISH COUNCIL

**Clerk:** Mrs Wendy Sparrow 262820

**Chairman** Mr Gerald Battye  
**Vice Chairman** Mrs Patricia Fuller

**Councillors:** Mrs Mary George,  
Mr Chris Hunt (*District Councillor*),  
Abigail Knight, Mrs R Knox, Mr Ray Spencer,  
Mrs Elizabeth Mimpriss, Mr Bryan Smith

**Parish Recorder** Mike Almond  
**Footpath Warden** Chris Day  
**Tree Warden** Terry Bannister

*Meetings 7.30pm Second Wednesday of Month*

### COMMUNITY COUNCIL

**Chairman:** Andrew Gowen 262534

**President** Ken Willingale  
**Vice-President** Roy Evans  
**Vice-Chairman** Jenny Smith  
**Treasurer** Allan Machin

**Executive:** David George, Tricia Hall,  
Claire Prescott, Mark Stephens-Row,  
Mandy Cook, Barry Wakefield

**Individual:** Iain Wright

*Meetings: 14 December, 7 February 05,  
15 March 05 (AGM)*

### WORDSEARCH SOLUTION



## COMMUNITY WEBSITE - www.naylandandwiston.net

A non-commercial, non-political community website available for local people, organisations and businesses. Its activities are aimed at the Nayland and Wiston area in general and NOT limited solely to the Nayland with Wissington Parish.

- News
- Directory
- History
- Discussion Forums
- Classified Ads
- Events
- Local Village Services

Graham W Griffiths, Webmaster – Tel: 262132 - e-mail: webmaster@naylandandwiston.net

### SURGICAL CHIROPODY BY THE LEXDEN CHIROPODY PRACTICE

Mr E.A. Jenkins MBChA, MSSCh  
Mrs B. Licence MBChA, MSSCh  
Mrs L. Higgs MBChA, MSSCh

Tel: Colchester 575790  
Tel: Colchester 577903  
Tel: Colchester 728167

Established visiting Practice in the Nayland area.

## DATES FOR YOUR DIARY

### October

9th	Village Hall Garden Working Party 9am
9th	Friend's of St. Mary's - AGM & Coffee Morning, 11am St. Mary's Church
12th	Conservation Society - Speaker John Blatchly " <i>Medieval Text Messages - Detective Work in East Anglian Churches</i> ", Village Hall 7.40 for 8pm, all welcome
13th	Mencap Coffee Morning & Christmas Card Sale – 10-12noon, Church Hall
13th	Parish Council Meeting, 7.30 Village Hall Committee Room
16th	JAMboree in Carver's Barn, Mill Street - 10am. <i>ALL proceeds to the Friends of St. James'</i>
16th	Annual Tearcraft & Traidcraft Coffee Morning - Church Hall, 10-12 noon
18th	WI - Dr Rob Dryden "Mountain Landscapes of Europe" 7.30pm Village Hall
20th	The Village Lunch - 11.45 Village Hall, Linda Scholes " <i>An American's Life in a Suffolk Village</i> "
22nd	Village Hall Management Committee - Irish & Folk Night
23rd	Churchyard Autumn Working Party - 9am-12noon St. James'
30th	Poppy Appeal Coffee Morning - RBL, 10am-12noon, Church Hall

### November

1st	Royal British Legion AGM - 8pm Church Hall
4th	RBL - Outing to Woolwich Royal Artillery Museum
5th	<b>Bonfire &amp; Fireworks</b> - 6.45 for 7pm Webb's Meadow (behind Village Hall)
6th	Village Players - Tribute evening to Jean Jones (invitation only)
9th	Hortsoc/Conservation/Suffolk Wildlife Trust - Dr Tim Sparks from the Centre for Ecology & Hydrology " <i>Is spring getting earlier?</i> " Village Hall, 7.40 for 8pm
10th	Parish Council Meeting, 7.30 Village Hall Committee Room
11th	Dedham Vale & Stour Valley Evening - The Granary, Quay Lane, Sudbury, 7.30pm
11th	Over 60's - Visit to Wyevale Nursery & afternoon tea, leaving Nayland 1pm ( <i>fare approx £5</i> )
14th	<b>Remembrance Sunday</b>
16th	Youth Club Support Group AGM - 7.30pm Nayland Village Hall
20th	RBL - ( <i>Provisional or 27th</i> ) Outing to Bletchley Park wartime code breaking establishment
20th	Friends of St Mary's - Concert & Canapés, 6pm Wiston Hall ( <i>next to St Mary's</i> ) Tickets £12
21st	NSPCC Toy Service at the Family Service - St. James' Church, 9.45am
28th	Nayland Choir Winter concert: 6.30pm St James Church – Maurice Durufle – <i>Requiem</i>

### December

4th	<b>Nayland Christmas Bazaar</b> - 2-4pm Village Hall
6th	Royal British Legion Joint Christmas Party, Church Hall
8th	Parish Council Meeting 7.30 Village Hall Committee Room
8th-11th	Village Players - <b>The Three Musketeers pantomime</b> , Weds-Fri 8pm, Sat 2pm, <i>Tickets at PO from November</i>
9th	Over 60's - December Party, 3pm Church Hall
14th	Erection of Village Christmas Tree 9am
14th	Community Council Meeting - 8pm Church Hall ( <i>Exec 7.30</i> ) followed by wine & mince pies ( <i>contributions welcome</i> )
19th	Traditional Candlelit Carol Service, St. James 6.30pm - <i>collection in aid of the Friends of St. James'</i>

**- LATE NEWS - LATE NEWS - LATE NEWS - LATE NEWS -**

#### OVER 60'S CLUB - Sec: Eva Rolfe, Tel: 263151

Members and friends enjoyed a visit to Frinton in August. We were so lucky with the weather because it was a beautiful day, sandwiched between wet and windy days.

On **November 11th**, we are visiting **Wyevale Nursery at Woodbridge**. At that time of year, they have a very good choice of Christmas goodies and presents, as well as the usual Garden Centre plants, and there is also a very nice restaurant. We are leaving Nayland at 1pm and having afternoon tea. Anyone interested in joining us, there will be room on the coach, fare approximately £5. You can join us or not for tea. Phone Eva on 263151.

Our **December party** will be on **9th December** at 3pm at the Church Hall.

#### BOWL'S CLUB - Sec: Eva Rolfe, Tel: 263151

We had varied Suffolk Summer League results, finishing halfway in the league table. During the summer months, we have enjoyed several friendly matches with teams from Suffolk and Essex. Weekend tournaments are still being attended by members. Our Winter League programme commences on 26th September. Several members are entered to play in the I.O.W. for 5 days in October, and also in Norfolk in November and December.

#### VILLAGE PLAYERS – Chair: Lindsay Nieuwenhuis 271261

Our annual BBQ was held at the home of Tamsin Burnett-Hall at the beginning of September, which about thirty members and their partners attended. It was a glorious day in a lovely setting and enjoyed by all.

We received five nominations for the North East Essex Theatre Guild annual awards. Nick Moriarty for best set (*Ladies in Retirement*), Nick Moriarty and Ian Fulcher for best technical achievement (lighting and sound – *Season's Greetings*), Mary Moriarty for best supporting actress (*Ladies in Retirement*), David Elliot for best supporting actor (*Season's Greetings*) and Lindsay Nieuwenhuis for best actress (*Season's Greetings*). Eight of us attended the awards ceremony and although none of our nominations was successful, Eva Rolfe saved the day when she was awarded the Jan King Memorial Trophy. This award is given annually to unsung heroes, and anyone who knows Eva will agree that it is thoroughly deserved. Congratulations Eva!

Rehearsals are well under way for our pantomime. Director, Mary Moriarty has this to say: **From 8<sup>th</sup> to 11<sup>th</sup> December** the Village Players will be presenting a pantomime version of Alexander Dumas' famous novel **The Three Musketeers** by Richard Lloyd. A cast of over twenty including **four** principal boys and a very traditional dame involving all the regulars plus several new faces and the appearance on stage of members who have up to now only appeared back stage!! Occasionally naughty but nice, this new panto pokes fun at our near and dear neighbours, the French, reflecting a traditional view of the (largely good-natured) rivalry which pre-dates panto and contains no malice. Rehearsals occasionally come to a halt as the funny and original script causes us to collapse in giggles – this bodes well for its entertainment value! We hope it will appeal to both adults and children alike.



## CONTACT DETAILS

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Tel: 262807

Coordinator for next issue: Ken Willingale  
Tel: 262531

Thank you for your contributions – if you have any ideas or suggestions please contact the Editor

### **FINAL DEADLINE FOR ARTICLES IN THE CHRISTMAS ISSUE IS:**

# 20<sup>th</sup> NOVEMBER

Contributions by e-mail to: **naylandcc@yahoo.co.uk**

or posted in the **Community Times Box** in Nayland Post Office

**PLEASE NOTE:** to ensure contributions can be accommodated  
in the space available it is advisable that copy be sent early  
(or arrangements made with the editor)

### **CHRISTMAS GREETINGS ITEMS - by 10th November** (priced as adverts)

#### **ADVERTISING**

To advertise – small ads or commercials contact:  
Advertising Manager: ANNA BOON,  
18 Heycroft Way – Tel: 262780 – E-mail: [naylandcc@yahoo.co.uk](mailto:naylandcc@yahoo.co.uk)

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